



# Geauga County Job & Family Services Permanency Planning March 2010 Newsletter

After a long winter, we can all look forward to the first day of Spring on March 20<sup>th</sup>. With the coming of spring, there are many exciting events coming up, so mark your calendars to attend.

## April is Child Abuse Prevention Month

April 1<sup>st</sup> is the kick off event for Child Abuse Prevention Month. There will be a reception and pinwheel planting @ Geauga County JFS at 11:30am.

April 18<sup>th</sup> is the 1<sup>st</sup> Annual Child Abuse Prevention Month 5K Race and Fun Walk at Punderson State Park starting at 9am.

April 25<sup>th</sup>: Maple Festival on Chardon Square

## May is National Foster Parent Month

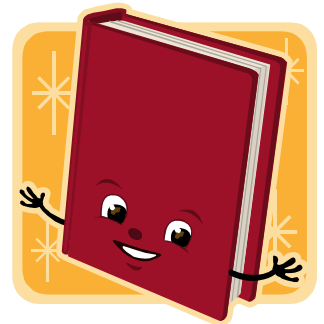
May 1<sup>st</sup> is Kids Fest at Metzenbaum from 10am to 2pm.

## LIFEBOOKS

As we continue to help the children in our care work on their lifebooks, this month we are going to focus on "My Favorite Things" These can include things like food, color, music or song, animal, flower, toys, games, cartoon characters, sports, school subject, places to visit.

Some other questions that can be asked:

- \* What are some "favorites" that you remember from your past?
- \* Who do you see as a hero in your life?
- \* Who do you look up to?



**Websites:** [www.fostercarecentral.org](http://www.fostercarecentral.org). The #1 Online Social Network Dedicated To Those Improving The Lives Of Foster and Adoptive Youth.

[www.cphc-sf.org](http://www.cphc-sf.org) Research on the effects of lifebooks (personal life history books) used in foster care

<http://www.dayofbirth.co.uk/> Learn the day of the week the child was born and other information

[www.behindthename.com](http://www.behindthename.com) Want to know what a name means?

[adoptionlifebooks.com](http://adoptionlifebooks.com). This website has lots of info and you can sign up for a monthly newsletter that has tips and ideas, and even though it focuses on adoption lifebooks, many of the information can be used for foster lifebooks

[www.scrapandtell.com](http://www.scrapandtell.com) This website has lots of information about questions to ask, where to start, etc.

<http://customlifebooks.com> This website offers families the option to have the company complete the lifebook for the family with provided information.

[www.okvoices.org/life\\_books.html](http://www.okvoices.org/life_books.html) This website gives information about gathering information for children who are disabled.

<http://www.wifostercareandadoption.org/library/650/lifebooks-parents.pdf> This website gives more ideas

<http://thedreamkidz.com/> This website has some foster care ideas, but mostly has international adoption resources

<http://www.comeunity.com> This website gives additional ideas (you have to click on adoption then click on talking about adoption and there are 2 tabs, one for scrap booking ideas and lifebooks.)

**Books:** **Lifebook: Creating a Treasure for the Adopted Child** by Beth O'Malley. This book gives examples of wording difficult topics and applies to foster and adopted children.

**This is Me! Memories to gather and keep** (found on the website [www.adoptshoppe.com](http://www.adoptshoppe.com) )

**All About Me** by Lynn Burwash/Cie McMullin

**My Foster Care Journey** by Beth O'Malley

**Real Me: A Teen LifeBook for Young Adults in Foster Care or Adoption** by Teresa McCoy and Donna Barnes

**For When I'm Famous: A Teen Foster/Adoption Lifebook** by Beth O'Malley

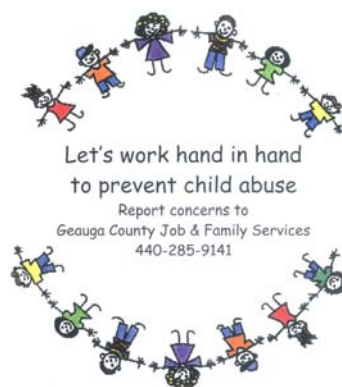
April is Child Abuse Prevention month. Geauga County Job & Family Services has many activities planned. We are once again participating in the Pinwheels for Prevention campaign which is designed to bring attention to child abuse and neglect in communities throughout Ohio. Each pinwheel planted represents one report of child abuse or neglect in Geauga County. We will be kicking off this campaign with a reception. Each participant will have the opportunity to "plant" a pinwheel. Several Geauga County school students, daycare centers, as well as visitors to Geauga Libraries will be coloring "Pinwheels for Prevention" pictures to be displayed at JFS, as well as in the libraries.

We will be holding our 1<sup>st</sup> Annual Child Abuse Prevention Month 5K Race and 1 mile Fun Walk on April 18<sup>th</sup>. The event will take place at Punderson State Park, more information will be sent to you shortly. The following weekend we will be participating in the BACA (Bikers Against Child Abuse) Kidsfest in Bedford. It is a day of games and free activities. On April 25<sup>th</sup> we will be walking in the Maple Festival Parade to promote awareness.

You will continue to see us throughout the county, as we are advertising on the sides of Geauga Transit, and we will be passing out car window logos encouraging the community to work "hand in hand" with us to prevent child abuse.

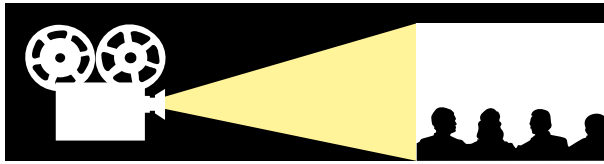
We are once again supporting Help Me Grow in their annual "Stress Free Family Fun Night," which is sponsored through a grant from "Spank Out" Materials will be passed out to the families that attend.

We are looking forward to a busy and successful month. Please, help us work "hand in hand" to prevent child abuse. Contact us if you are interested in learning more about any of the events mentioned.



**What's good about March? Well, for one thing,  
it keeps February and April apart.**

- Walt Kelly



**“Child Spotlight of the Month”**

**Deborah**

**Enclosed with this month’s newsletter is a flyer for a child that is looking for an adoptive family. Could that family be you? Or do you know someone who might be able to provide the forever family that Deborah is looking for? Take a look and let us know if you or someone you know might be interested in adopting Deborah.**



The High Five Club is a way for foster and adoptive parents and social workers to give recognition to a child who is making progress, has gotten a reward in school or community or done something that is noteworthy for that child. These

can then be put in a child’s lifebook. For most kids, seeing their name in print can motivate them to continue to do better. We would like you to contact your social worker or call Kathi Serafino to let us know what the child in your home has done to be recognized. The children will be recognized only by their first name to maintain confidentiality. This is open to foster and adoptive families in our community. If you have any questions please feel free to talk with your social worker or contact Kathi Serafino at 440-285-1219.

**High Five Club:** This month we have a few kids that have found their forever family and are being adopted:

**Elizabeth, Matthew, & Angel**

\*\*Foster parents, this is a reminder that when a child is placed into your home, it is very important that you remember to turn you foster care billing form in at the end of every month. This allows us to pay you in a timely manner. If you have any questions, please contact your Permanency Planning worker.

**NEW!** We have been notified that the following is being offered.

**Webinar, Beyond Placement: Family Adjustment to Foster Care Adoption-**After an adoption is finalized, it is not uncommon for both adoptive parents and their children to experience a period of adjustment as they transition to the changes that occur with finalization. On Thursday, March 11th from 9:30-10:30pm (Eastern) the Center for Adoption Support and Education (CASE) will be offering an online workshop for pre and post adoptive parents. Madeleine Krebs, LCSW-C, who offers 38 years of experience providing psychotherapy to children, adolescents, adults, and their families, will lead the webinar. To learn more about CASE or to register for this webinar visit:

<http://www.adoptionsupport.org/cal/index.php>

**It's spring fever. That is what the name of it is. And when you've got it, you want - oh, you don't quite know what it is you *do* want, but it just fairly makes your heart ache, you want it so! ~Mark Twain**

**Attention Foster Parents:** If you plan on attending a training in another county please register through the Regional Training Center as trainings get filled up quickly. Their phone number is 1-866-294-3787 or you can access their website at <http://www.ocwtp.net/NEORTC.htm>

## TRAINING REMINDERS:

- ❖ Please remember that if there are less than 5 people signed up for a training, a week prior to the training, the training will be cancelled.
- ❖ Remember training sessions are for adults only. Unfortunately there is no child care available to families at training sessions, please make child care arrangements for your children prior to coming to training.
- ❖ Please set all cell phones and pagers to vibrate before the training begins. If you are going to take a call during the training sessions, please excuse yourself and answer it in the lobby.
- ❖ Please be on time for all trainings. There is a state **15 minute** rule that we all must adhere to. If you miss more than 15 minutes of a training then you cannot get credit for it. This includes arriving late, leaving early, coming back from breaks late, or taking a call during the training.
- ❖ If you are interested in signing up for trainings @ Geauga County JFS please call to register at least a week in advance so that we can accurately count the number of people attending. For most trainings we need a minimum of 6 people attending or else we have to cancel the training. Timely registration is greatly appreciated.
- ❖ Even if you are not currently a certified foster or adoptive family with us, you are still welcome to attend our trainings. All we ask is that you call to register.
- ❖ To register for a training you can either call the county directly or you can call the Regional Training Center at 1-866-294-3787.
- ❖ Want to know what other trainings are being held by other counties? Visit the Northeast Regional Training Center website at <http://www.ocwtp.com/neortc.htm>

## Gauga County Job & Family Services On-Going Training Schedule

<b>HAIR, HAIR EVERYWHERE! MULTI-CULTURAL HAIR AND SKIN CARE -</b>	
<b>Date:</b> Saturday, April 10, 2010	<b>Time:</b> 9:00-4:00 PM
<b>Trainer:</b> Joseph Cooper	<b>Location:</b> Geauga County JFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will understand how physical characteristics may impact the self-esteem of children and adolescents in their care.</li> <li>• Foster parents will learn the basic hair, skin and nail care of multi-cultural placements.</li> </ul>	

<b>SHAPING SELF-CONCEPT: OPENING THE DOOR TO SUCCESS - 991</b>	
<b>Date:</b> Thursday, April 29, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Francesca Muscari	<b>Location:</b> Geauga County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will learn win-win strategies for discipline.</li> <li>• Foster parents will learn techniques for repairing damaged self-esteem.</li> <li>• Foster parents will learn ways to assist children in their own problem-solving abilities.</li> </ul>	

But maybe March is better  
 When all is done and said:  
 St. Patrick brings a promise,  
 A four-leaf-clover promise,  
 A green-all-over promise  
 Of springtime just ahead! - Aileen Fisher, *Wearing of the Green*

**YOU CAN'T MAKE ME: MANAGING BEHAVIOR OF MALTREATED SCHOOL AGE CHILDREN - 940**

<b>Date:</b> Thursday, May 6, 2010	<b>Time:</b> 6:00 - 9:00 PM
<b>Trainer:</b> Brian Lowery	<b>Location:</b> Geauga County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will learn the physical, cognitive and psychological development of school age children.</li> <li>• Foster parents will learn the effects of maltreatment during this stage of development.</li> <li>• Foster parents will learn positive parenting strategies for this stage of development.</li> </ul>	

**ADHD AMONG CHILDREN AND ADOLESCENTS: RECOGNITION & INTERVENTION - 945**

<b>Date:</b> Tuesday, June 8, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Stacy Simera	<b>Location:</b> Geauga County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will identify the signs and symptoms of the three types of ADHD.</li> <li>• Foster parents will understand the pros, cons, when's and how's of medication as a treatment option.</li> <li>• Foster parents will identify cognitive and behavioral techniques that help manage ADHD.</li> <li>• Foster parents will identify barriers to the diagnosis and treatment of ADHD.</li> </ul>	

**RECOGNIZING AND RESPONDING TO CHILDREN WHO HAVE BEEN SEXUALLY ABUSED - 923**

<b>Date:</b> Saturday, June 26, 2010	<b>Time:</b> 9:00AM-4:00 PM
<b>Trainer:</b> Emily Wetherill	<b>Location:</b> Geauga County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will define sexual abuse and examine the dynamics of the abusing family.</li> <li>• Foster parents will examine ways to understand and support children in care who have been sexually abused.</li> <li>• Foster parents will identify parenting strategies to use in dealing with foster and adoptive children.</li> </ul>	

**Geauga County Job & Family Services  
Pre-Service Training Schedule  
Trainer: Ann Bagley**

<b>DATE</b>	<b>TIME</b>	<b>PRE-SERVICE TOPIC</b>	<b>MEETS RULE</b>
Saturday, February 20, 2010	9AM-12 PM	Orientation and Overview of Foster Care, Adoption and Kinship Care	901
Saturday, February 20, 2010	1 -4 PM	The Child Protection Team	902
Saturday, February 27, 2010	9AM-12PM	The Effects of Child Abuse and Neglect on Child Development	903
Saturday, February 27, 2010	1- 4 PM	Attachment, Separation and Placement	904
Saturday, March 6, 2010	9AM-12 PM	Managing Behavior	905
Saturday, March 6, 2010	1 - 4 PM	Preventing and De-escalating Crisis	906
Saturday, March 13, 2010	9AM-12PM	Cultural Issues in Placement	907
Saturday, March 13, 2010	1 - 4 PM	Understanding Primary Families	908
Saturday, March 20, 2010	9AM-12PM	Children who Have Been Sexually Abused	909
Saturday, March 20, 2010	1 - 4 PM	The Effects of Caregiving on the Caregiving Family	910
Saturday, March 27, 2010	9AM-12PM	Permanency For Children	911
Saturday, March 27, 2010	1 - 4 PM	Permanency for Families	912

**The March wind roars  
Like a lion in the sky,  
And makes us shiver  
As he passes by.**

**When winds are soft,  
And the days are warm and clear,  
Just like a gentle lamb,  
Then spring is here.**

- Author Unknown

**Lake County Job & Family Services**  
**On-Going Training Schedule**  
**177 Main Street**  
**Painesville, Ohio 44077-3402**  
**440-350-4218 or 440-918-4218**

<b>UNDERSTANDING GENERATION Y AND THE INFLUENCE OF HIP-HOP CULTURE - 981</b>	
<b>Date:</b> Saturday, March 6, 2010	<b>Time:</b> 9:00 AM-4:00 PM
<b>Trainer:</b> Anthony President	<b>Location:</b> Lake County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will explore the view of Generation Y (the 50 million young people between the ages of 5–18).</li> <li>• Foster parents will understand the influence of Hip-Hop culture on their ideas, beliefs and the values that make up their world view.</li> <li>• Foster parents will understand how knowledge of Hip-Hop culture can bridge the generation gap and open up the lines of communication and understanding.</li> </ul>	

<b>DON'T TALK...DON'T TRUST...DON'T FEEL – GROWING UP WITH AN ADDICTED PARENT - 988</b>	
<b>Date:</b> Tuesday, March 16, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Brian Lowery	<b>Location:</b> Lake County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will understand the dynamics of growing up in a home where one of the primary caregivers is abusing substances or is addicted.</li> <li>• Foster parents will examine the roles children take on to meet their needs and being balance to their family.</li> <li>• Foster parents will understand how these roles may transfer into the foster home.</li> <li>• Foster parents will identify tools and strategies to support these children during out-of-home placement.</li> </ul>	

<b>NAVIGATING THE WHITE WATER OF REUNIFICATION:PRIMARY, FOSTER PARENTS AND AGENCY COLLABORATION - 910</b>	
<b>Date:</b> Wednesday, April 7, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Brian Lowery	<b>Location:</b> Lake County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will learn about the dynamics of a family during and after visitation.</li> <li>• Foster parents will learn techniques for developing a safe reunification for children and their family.</li> <li>• Foster parents will learn how to develop the “parent/foster parent team”.</li> </ul>	

<b>BEHAVIOR CLINIC – 991</b>	
<b>Date:</b> Monday, April 19, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> David Zidar	<b>Location:</b> Lake County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will discuss the difficult behavior issues that their children present.</li> <li>• Foster parents will learn how to develop strategies to improve behavior.</li> </ul>	

<b>SIBLING SEXUAL ABUSE – 944</b>	
<b>Date:</b> Monday, May 3, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> David Zidar	<b>Location:</b> Lake County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will learn to identify sexually inappropriate behavior.</li> <li>• Foster parents will learn the role of trauma, cycles and patterns of the offending child.</li> <li>• Foster parents will learn how to help these children manage their behavior.</li> </ul>	

**Spring is nature's way of saying, "Let's party!"**  
 - Robin Williams

### TRIGGERS:WHAT CAN CAUSE ADOPTION RELATED CRISIS – 948

<b>Date:</b> Monday, <del>May 20, 2010</del> NEW date May 10, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Regina Kupecky	<b>Location:</b> Lake County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will identify “triggers” or situations that can create emotional upheaval for the adopted child or young adult.</li> <li>• Foster parents will identify and prepare for common triggers of adoption related distress.</li> <li>• Foster parents will develop strategies for preventing crises that can “derail” a child as he grows into a healthy adult.</li> </ul>	

### OPENING THE DOOR TO INDEPENDENT LIVING - 941

<b>Date:</b> Monday, June 7, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Brian Lowery	<b>Location:</b> Lake County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will prepare youth for independent living</li> <li>• Foster parents will lessen barriers foster children face in obtaining employment.</li> <li>• Foster parents will use concrete methods for moving foster children toward independence.</li> </ul>	

### LEARNING PROBLEMS OF SCHOOL-AGED CHILDREN - 994

<b>Date:</b> Monday, June 21, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Lonnie Helton	<b>Location:</b> Lake County DJFS
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will be provided an overview of learning problems experienced by children in school settings.</li> <li>• Foster parents will understand the needs of school aged children and the common causes of learning problems for this age.</li> <li>• Foster parents will be introduced to learning disabilities, the diagnosis of these problems and the parents’ roles in helping the child at school and at home.</li> </ul>	

## Lake County Job & Family Services Pre-Service Training Schedule Trainer: Janice Lilac-Powell

DATE	TIME	PRE-SERVICE TOPIC	MEETS RULE
Monday, February 1, 2010	6 - 9 PM	Orientation and Overview	901
Wednesday, February 3, 2010	6 – 9 PM	The Child Protection Team	902
Saturday, February 6, 2010	9 – 12 PM	The Effects of Child Abuse and Neglect on Child Development	903
Saturday, February 6, 2010	1 - 4 PM	Attachment, Separation and Placement	904
Monday, February 8, 2010	6 - 9 PM	Managing Behavior	905
Wednesday, February 10, 2010	6 - 9 PM	Preventing and De-escalating Crisis	906
Wednesday, February 17, 2010	6 – 9 PM	Cultural Issues in Placement	907
Monday, February 22, 2010	6 – 9 PM	Understanding Primary Families	908
Wednesday, February 24, 2010	6 – 9 PM	Children who Have Been Sexually Abused	909
Monday, March 1, 2010	6 – 9 PM	The Effects of Caregiving on the Caregiving Family	910
Wednesday, March 3 2010	6 – 9 PM	Permanency For Children	911
Monday, March 8, 2010	6 – 9 PM	Permanency for Families	912

## Lake County Job & Family Services & the Ohio Coalition for the Education of Special Disabilities Trainer: Colleen Miller

### \*Behavior Focused IEPs: How Parents Can Help the IEP Team - Thursday, February 18, 2010 - 6:00 - 8:00

Participants will gain an understanding of what a Functional Behavior Assessment is and how to collect the information needed to conduct one. Participants will discuss how the environment affects behavior. They will be given ideas and suggested accommodations that may help eliminate behaviors. Discussion of how to incorporate behavior plans into the IEP also will be addressed.

**\*Is Your Child a Target of Bullying? - Thursday, March 11, 2010 - 6:00 - 8:00**

Participants will gain an understanding of the different types of bullying, symptoms that children display when they are being bullied and the characteristics of a bully. Antibullying programs that are available to assist parents and schools will be presented, as well as, how parents can work with schools to create a safer environment and work with their children to teach them what to do if they are bullied.

**Ashtabula County Children's Services Board  
On-Going Training Schedule  
3814 C Court  
Ashtabula, Ohio 44005-1175  
440-998-1811**

<b>ADHD AMONG CHILDREN AND ADOLESCENTS: RECOGNITION &amp; INTERVENTION - 945</b>	
<b>Date:</b> Thursday, March 25, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Stacy Simera	<b>Location:</b> Ashtabula County CSB
<b>Objectives:</b> <ul style="list-style-type: none"><li>• Foster parents will identify the signs and symptoms of the three types of ADHD.</li><li>• Foster parents will understand the pros, cons, when's and how's of medication as a treatment option.</li><li>• Foster parents will identify cognitive and behavioral techniques that help manage ADHD.</li><li>• Foster parents will identify barriers to the diagnosis and treatment of ADHD.</li></ul>	

<b>FOSTERING PHYSICAL AND EMOTIONAL HEALTH IN THE CAREGIVER - 989</b>	
<b>Date:</b> Thursday, April 15, 2010	<b>Time:</b> 6:00-4:00 PM
<b>Trainer:</b> Brian Lowrey	<b>Location:</b> Ashtabula County CSB
<b>Objectives:</b> <ul style="list-style-type: none"><li>• Foster parents will review the stresses of foster care and responses to stress and burnout.</li><li>• Foster parents will understand how individual beliefs and culture can become barriers.</li><li>• Foster parents will learn coping strategies and tips for managing stress and responding to anger.</li></ul>	

<b>SUCCESSFULLY BLENDING FOSTER FAMILIES – 948</b>	
<b>Date:</b> Thursday, April 29, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Sonji Gregory	<b>Location:</b> Ashtabula County CSB
<b>Objectives:</b> <ul style="list-style-type: none"><li>• Foster parents will identify mistakes made when combining two families.</li><li>• Foster parents will gain practical insights on integrating different cultural traditions.</li><li>• Foster parents will identify the impact of child development on the blending of the family.</li><li>• Foster parents will gain insights into the emotional impact on family members of blending a family.</li></ul>	

<b>LIVING THE LEGACY: DRAMATIC EFFECTS OF PRENATAL DRUG EXPOSURE - 945</b>	
<b>Date:</b> Tuesday, May 4, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Ronna Johnson	<b>Location:</b> Ashtabula County CSB
<b>Objectives:</b> <ul style="list-style-type: none"><li>• Foster parents will gain an awareness of commonly abused drugs and their impact on the developing fetus.</li><li>• Foster parents will be able to identify special needs common to drug exposed infants and toddlers.</li><li>• Foster parents will learn strategies for advocating with medical, educational and therapeutic resources in the community.</li></ul>	

**Springtime is the land awakening.  
The March winds are the morning yawn.**  
- Lewis Grizzard, *Kathy Sue Loudermilk, I Love You*

## REALIZE IT'S TIME TO EMPATHIZE: WORKING WITH PRIMARY FAMILIES – 924

<b>Date:</b> Thursday, May 20, 2010	<b>Time:</b> 6:00AM-9:00 PM
<b>Trainer:</b> Anthony President	<b>Location:</b> Ashtabula County CSB
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will gain insight and awareness into the distraught mental/emotional state of primary parents at the onset of losing custody of their children.</li> <li>• Foster parents will identify useful communication techniques to use in the midst of their distraught state to bridge the gap with primary parents.</li> <li>• Foster parents will learn the importance of helping children be empathetic with primary parents as they struggle to complete case plan objectives.</li> </ul>	

## WHEN AGGRESSION IS THEIR PROFESSION: STRATEGIES FOR AGGRESSIVE YOUTH – 991

<b>Date:</b> Tuesday, June 8, 2010	<b>Time:</b> 6:00 -9:00 PM
<b>Trainer:</b> Anthony President	<b>Location:</b> Ashtabula County CSB
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will identify anger and the five levels of aggression and the sources of anger that lead to aggression.</li> <li>• Foster parents will identify practical strategies to prevent and reduce aggression in boys and girls.</li> </ul>	

## AFTER ADOPTION: UNDERSTANDING THE LIFELONG JOURNEY – 948

<b>Date:</b> Tuesday, June 15, 2010	<b>Time:</b> 6:00-9:00 PM
<b>Trainer:</b> Ann Bagley	<b>Location:</b> Ashtabula County CSB
<b>Objectives:</b>	
<ul style="list-style-type: none"> <li>• Foster parents will understand the lifelong process of adoption as seen through the eyes of those who have been touched by the process.</li> <li>• Foster parents will experience the adoptive process with an adult adoptee, adoptive parents, birth parents and birth siblings through viewing an award winning documentary.</li> </ul>	

## Ashtabula County Children's Services Board Pre-Service Training Schedule Trainer: Ann Bagley

DATE	TIME	PRE-SERVICE TOPIC	MEETS RULE
Tuesday, March 2, 2010	6 - 9 PM	Orientation and Overview	901
Tuesday, March 9, 2010	6 - 9 PM	The Child Protection Team	902
Tuesday, March 16, 2010	6 - 9 PM	The Effects of Child Abuse and Neglect on Child Development	903
Tuesday, March 23, 2010	6 - 9 PM	Attachment, Separation and Placement	904
Tuesday, March 30, 2010	6 - 9 PM	Managing Behavior	905
Tuesday, April 13, 2010	6 - 9 PM	Preventing and De-escalating Crisis	906
Tuesday, April 20, 2010	6 - 9 PM	Cultural Issues in Placement	907
Tuesday, April 27, 2010	6 - 9 PM	Understanding Primary Families	908
Tuesday, May 4, 2010	6 - 9 PM	Children who Have Been Sexually Abused	909
Tuesday, May 11, 2010	6 - 9 PM	The Effects of Caregiving on the Caregiving Family	910
Tuesday, May 18, 2010	6 - 9 PM	Permanency For Children	911
Tuesday, May 25, 2010	6 - 9 PM	Permanency for Families	912

**No winter lasts forever; no spring skips it's turn.**  
- Hal Borland

**Need Training Hours? Look at the next page and see how you can get  
42 hours of training in 3 days! What a deal!**

**THIRD ANNUAL FOSTER PARENT TRAINING CONFERENCE**  
**MAY 13-15, 2010**  
**SUMMIT COUNTY CHILDREN SERVICES**  
**EDUCATION CENTER BUILDING**  
**AKRON, OH 44306**

**BOUNDARIES WITH KIDS- 991**

**Date:** Thursday, May 13, 2010

**Time:** 9:00 AM-4:00 PM

**Trainer:** John Ward **Location:** Summit County CS Education Center

**Objectives:**

- Foster parents will learn how to raise their children to take responsibility for their actions and emotions.
- Foster parents will understand how to establish boundaries in their parenting.
- Foster parents will learn how to instill the kind of character in their kids that will help them lead balanced, productive and fulfilling adult lives.
- Foster parents will be taught how to apply the “ten laws” of boundaries to parenting.
- Foster parents will find ways to set limits and still be loving foster parents.

**HELPING CHILDREN OF MENTALLY ILL PARENTS - 942**

**Date:** Thursday, May 13, 2010

**Time:** 9:00 AM-12:00 PM

**Trainer:** David Zidar **Location:** Summit County CS Education Center

**Objectives:**

- Foster parents will learn various forms of mental illness and discuss their impact on parenting.
- Foster parents will understand the impact parental mental illness has on a child’s physical, emotional and social development.

\*Foster parents will learn a variety of effective strategies for helping children of mentally ill parents.

**BEHAVIOR CLINIC - 991**

**Date:** Thursday, May 13, 2010

**Time:** 1:00 PM-4:00 PM

**Trainer:** David Zidar **Location:** Summit County CS Education Center

**Objectives:**

- Foster parents will discuss the difficult behavior issues that their children present.
- Foster parents will learn how to develop strategies to improve behavior.

**COURT APPOINTED SPECIAL ADVOCATE (CASA): UNDERSTANDING THE ROLE OF THE GUARDIAN AD LITEM IN CHILD WELFARE - 950**

**Date:** Thursday, May 13, 2010

**Time:** 6:00 P.M-9:00 PM

**Trainer:** Beth Cardina **Location:** Summit County CS Education Center

**Objectives:**

- Foster parents will learn the history of the CASA program.
- Foster parents will understand the roles and responsibilities of the CASA and how foster parents and CASA can work as a team for the best interest of the child.

**HELPING CHILDREN DEAL WITH FEELINGS BEFORE AND AFTER VISITS - 940**

**Date:** Friday, May 14, 2010

**Time:** 9:00 AM-12:00 PM

**Trainer:** Kim Langley **Location:** Summit County CS Education Center

**Objectives:**

- Foster parents will identify children’s feelings by talking it out vs. acting it out.
- Foster parents will identify strategies of preparing for the visit and returning from the visit.
- Foster parents will understand anger in the child, the parent and the foster parent.
- Foster parents will identify techniques to help children deal with their feelings about visits.

## **PREVENTING FOSTER CARE AND ADOPTION DISRUPTIONS- 921**

**Date:** Friday, May 14, 2010

**Time:** 9:00 AM-4:00 PM

**Trainer:** Jim Still-Pepper **Location:** Summit County CS Education Center

### **Objectives:**

- Foster parents will understand that disruptions do not have to end the relationship.
- Foster parents will be helped to respond to the children placed in their homes who struggle with disruption issues.
- Foster parents will explore how “trust filters” help.

## **RAISING CAIN AND ABEL: NEW INSIGHTS INTO BRINGING UP HEALTHY, COMPETENT BOYS - 991**

**Date:** Friday, May 14, 2010

**Time:** 1:00 PM-4:00 PM

**Trainer:** Kim Langley **Location:** Summit County CS Education Center

### **Objectives:**

- Foster parents will understand some of the most recent research on boys in American culture.
- Foster parents will identify the differences between boys and girls behavior.
- Foster parents will learn tips on how to help boys in school and at home with the special issues they face today.

## **TURN OUT THE PARENTAL BURNOUT - 989**

**Date:** Friday, May 14, 2010

**Time:** 6:00 PM-9:00 PM

**Trainer:** Anthony President **Location:** Summit County CS Education Center

### **Objectives:**

- Foster parents will learn how to battle stress, burnout, fear, difficult people and feelings of being overwhelmed and win.
- Foster parents will develop strategies to prepare yourself for battle in the future so that you can continue to win and enjoy fostering again.

## **DISCIPLINE IN FOSTER CARE: MANAGING OUR BEHAVIOR TO MANAGE THEIRS – 925**

**Date:** Saturday, May 15, 2010

**Time:** 9:00 AM-4:00 PM

**Trainer:** Brian Lowery **Location:** Summit County CS Education Center

### **Objectives:**

- Foster parents will understand their overall parenting style and its impact on child behavior.
- Foster parents will identify the special issues of parenting an abused/neglected child.
- Foster parents will individualize discipline strategies to meet the needs and issues of each child.

## **BUILDING BONDING AND TRUST WITH TRAUMATIZED CHILDREN – WHEN LOVE IS NOT ENOUGH - 942**

**Date:** Saturday, May 15, 2010

**Time:** 9:00 AM-12:00 PM

**Trainer:** Kathleen Terry **Location:** Summit County CS Education Center

### **Objectives:**

- Foster parents will understand the five factors that build bonding and trust.
- Foster parents will understand the ways parenting interactions can build bonding and trust with their foster child.
- Foster parents will know how to set limits, explain rules, help children accept the limits and consequently earn privileges.
- Foster parents will know how to help children write and achieve their own goals.

## **MANAGING BEHAVIOR OF CHILDREN – WHEN LOVE IS NOT ENOUGH - 942**

**Date:** Saturday, May 15, 2010

**Time:** 1:00 PM-4:00 PM

**Trainer:** Kathleen Terry **Location:** Summit County CS Education Center

### **Objectives:**

- Foster parents will understand basic behavior management with a foster child.
- Foster parents will be given ideas for managing foster children’s destructive behavior.
- Foster parents will become familiar with removing the barriers between themselves



## **Deborah**

12/10/1992

Deborah has shoulder length dark hair and wears glasses. She is medium height. She is very cute young lady and is into doing her hair and make-up. Deborah can be thoughtful and helpful at times. Deborah has never been involved with sports, but does like to play outside, go sledding, go to movies and talk on the phone. Deborah loves animals and tamed a wild cat in her neighborhood. Deborah can be creative and she enjoys listening to music and singing. Deborah is MRDD and has an IQ of 71. She is on an IEP for academics and behavior. She has completed the tenth grade, but is functioning at a lower grade level. Deborah is currently placed in a foster home which is funded through the Individual Options Waiver through the Board of Developmental Disabilities. Due to Deborah being low-functioning, she will need a great deal of care. Deborah needs a forever family to be ready to accept her into their home when she is ready to step-down from residential care. Deborah would like to maintain contact with some of her birth relatives.

Agency: *Geauga County Job & Family Services*

Contact: Dawn Bates

Telephone: 440-285-9141 x 102