

# Geauga County Community Resource Guide

# **DISCLAIMER**

The list of resources and programs in this Community Resource Guide is not meant to serve as a referral or recommendation of any specific agency or organization; nor should it be considered a complete list of community resources or providers available to you. GCJFS makes every effort to ensure the information is accurate, however we suggest that you contact the resource before attempting to access services. We do not guarantee the services or eligibility requirements.

The intent of this guide is to provide you with resources geared to serve the needs of Geauga families; GCJFS does not inspect, supervise, favor or recommend the providers in this guide. We suggest that you verify licensing history and servicing by contacting each provider.

If you are a representative from an agency or organization that would like to be included in this guide, please email info@geaugajfs.org.

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# **EMERGENCY AND CRISIS SERVICES**

911: call for emergencies - medical emergencies, fire, reporting a crime, life threating situation

<u>988</u>: call for suicide intervention and crisis support - provides crisis support for thoughts of suicide, mental health crisis, substance use crisis, or emotional distress

24/7 Crisis Text Line: text HOME to 741741

Poison Control Center: (800) 222-1222

<u>Geauga COPEline:</u> (440) 285-5665 (800) 285-5665

24-hour Crisis Hotline for mental health, child/elder abuse and neglect, domestic violence, or substance abuse related emergencies in Geauga County. Staff can provide information on other social services concerns such as counseling sources, food banks, and national hotline numbers.

## **Cleveland Rape Crisis Center**

(216) 619-6192

2937 West 25th Street, Floor 3, Cleveland, OH 44113 https://clevelandrapecrisis.org

Speak with a Cleveland Rape Crisis Center advocate anytime day or night for free, confidential support and information, or make an appointment for counseling or advocacy services. Cleveland Rape Crisis Center's counseling, advocacy and case management services are available remotely via telehealth and teleservices, as well as in person by appointment. Call or text (216)619-6192.

#### 24-Hour SANE (Sexual Assault Nurse Examiner) Units

Many hospitals have 24-Hour SANE Units – specially designated areas that provide quality medical care and specialized forensic evidence collection for sexual assault patients.

They are staffed by SANE nurses (Sexual Assault Nurse Examiners), experienced Registered Nurses with intensive classroom education, extensive clinical experience, and expertise in sexual assault evaluation and forensic evidence collection.

Cleveland Rape Crisis Center Advocates are available to support survivors of rape and sexual abuse in local emergency rooms. The following hospitals have SANE nurses available 24 hours a day, 7 days a week.

## **Fairview Hospital**

18101 Lorain Road, Cleveland, OH 44111 (216) 476-7080 (Serves adult and pediatric patients)

#### **Hillcrest Hospital**

6780 Mayfield Road, North Campus, Mayfield Heights, OH 44124 (440) 312-7890 (Serves adult and pediatric patients)

## MetroHealth

2500 MetroHealth Drive, Cleveland, OH 44109 (216) 778-7800 (Serves adult patients)

#### **University Hospitals**

11100 Euclid Avenue, Cleveland, OH 44106 (216) 844-3722 (Serves adult patients)

University Hospitals Geauga Medical Center (440) 285-6000

13207 Ravenna Rd. Chardon, OH 44024

University Hospitals Lake West (440) 953-9600

36000 Euclid Ave. Willoughby, OH 44094

University Hospitals TriPoint Medical Center (440) 296-8423

7590 Auburn Rd. Painesville, OH 44077

Rainbow Babies & Children's Hospital

11100 Euclid Avenue, Cleveland, OH 44106 (216) 844-3911

(Serves pediatric patients)

**Southwest General** 

18697 Bagley Road, Middleburg Heights, OH 44130 (440) 816-8888

(Serves adult patients)

# **ADDICTION AND RECOVERY RESOURCES**

## **GEAUGA COUNTY**

**Lake Geauga Recovery Center** 

(440) 255-0678

209 Center St. Chardon, OH 44024 www.lgrc.us

<sup>\*\*</sup>Medicaid Plans accepted\*\*

**Ambulatory Detox** Lake-Geauga Recovery Centers offers ambulatory detox for individuals struggling with opiate addiction and withdrawal.

**Drug Free Safety Program** Under the new Drug-Free Safety Program, all new hires and new supervisors must receive employee education and/or supervisor training within 8 weeks of hire or promotion.

**Education** In response to requests from the judicial, business, and treatment communities, Lake-Geauga now offers an eight-hour Education Program on the third Saturday of each month. The program is open to anyone interested in gaining further knowledge and insight into the disease of addiction and options for prevention and recovery.

**Family Program** The Family Program is open to spouses, partners, parents, siblings, other relatives and friends who are interested in learning about substance abuse and how it affects them, to learn coping skills and to gain insight into how to support a chemically dependent family member.

**Grief Support Group** Anyone who has experienced the sudden loss of a loved one through drugs or alcohol knows that society treats that type of death in a much different manner than a death from other causes.

**Medication Assisted Treatment** Opioid addiction is treatable, and many can regain healthy and productive lives and renewed relationships with family and friends.

**Mike Link Driver Intervention** The Mike Link Driver Intervention Program is a state certified driver intervention program conducted by licensed professionals as part of Lake-Geauga Recovery Centers, Inc.

**Outpatient Services** Outpatient Services include assessments, drug testing, counseling (individual and group) as well as dual diagnosis.

**Prevention** The Center provides a message of hope and recovery for the community through education programs designed to increase knowledge and understanding about the disease of addiction and options for prevention and recovery.

**Recovery Housing** For individuals seeking a safe, sober and healthy living environment following the completion of primary treatment, the Center offers Recovery Housing.

**Residential Treatment Programs** Residential treatment programs offer a place to recover, heal and begin a new life in sobriety and hope.

**Prosperity Haven** 

(440) 253-9915

9600 Old State Rd. Chardon, OH 44024 www.prosperityhaven.com

Serves no more than a small number of male clients at a time, because they are committed to creating an environment where clients can access individualized treatment plans and live without judgment in a group of their peers. Their **men's drug and alcohol rehab** facility is designed to help you focus on your recovery, as they work to address unique challenges in your journey through one-on-one sessions with their experienced counselors, guided group and family meetings, and a range of holistic therapies aimed at helping you find lasting peace in recovery

Services: Drug and Alcohol Detox, Residential Inpatient, Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), & Aftercare and Alumni.

Ravenwood Health (440) 285-3568

12511 Ravenwood Dr. Chardon, OH 44024 https://ravenwoodhealth.org/

**Early Intervention Groups:** can address early and/or mild substance use and encourage sobriety.

**Dual Diagnostic Treatment:** Ravenwood provides successful and appropriate intervention to those clients who are at risk of or are abusing alcohol/drugs, including those who are identified with concurrent mental and emotional disorders.

**Comprehensive Assessments:** Mental Health Assessments, Substance Use, Dual Assessments, and Violence Risk Assessments.

#### Court-ordered assessments and risk assessments

**Counseling**: including Individual, Family, and Group services.

**Intensive Outpatient Program:** for adults struggling with substance abuse includes multiple sessions per week to support continued sobriety.

**Aftercare Group:** is available to provide continued support and reinforcement of coping strategies for relapse prevention.

**Medication Assisted Treatment (MAT)** provides extensive support for people with severe alcohol or opiate addiction. Medical appointments, individual counseling, and group therapy are required components of this program to help restore adults with severe addiction to safe and sober living.

Red Tulip Project (440) 488-2908

P.O. Box 322 East Claridon, OH 44033 www.redtulipproject.com

The Red Tulip Project is a 501(C)3 non-profit. Their purpose is to provide a house for women in recovery who want to reside in Geauga County and be a productive part of the community which is very supportive to this mission. They are dedicated to raising community awareness concerning addiction issues and services. They have constructed, opened and now operate Monarch Meadow — a Level 2-S recovery home certified by Ohio Recovery Housing (ORH) in Claridon Township.

## **ASHTABULA COUNTY**

<u>Brightview</u> (888) 502-4571

www.brightviewhealth.com
\*\*Medicaid Plans accepted\*\*

Several Locations: Akron, Parma, Kent, Elyria, Willoughby, Canton, Warren, Dover, Youngstown, Sandusky, Mansfield, & Ashtabula.

Outpatient Treatment: Medication Assisted Treatment Program, Intensive Outpatient, Relapse Prevention Program.

Glenbeigh (440) 563-3400

2863 State Route 45 Rock Creek, Ohio, 44084 https://glenbeigh.com/rock-creek

Located in the northeast corridor of Ohio, Glenbeigh's inpatient hospital features state-of-the-art therapeutic, education, dining and fitness facilities. Glenbeigh's inpatient hospital helps transform the lives of individuals and families seeking addiction treatment. Glenbeigh utilizes the 12-Step model of recovery combined with medical interventions to accommodate the needs of patients while sustaining high quality care. We provide holistic treatment for alcohol and drug dependency, always keeping in mind that every person is unique.

Glenbeigh is nationally recognized and Joint Commission Accredited. Our inpatient hospital provides a spacious, modern environment for learning, healing and taking the necessary steps towards recovery. The facility is complimented by landscaped grounds that provide patients with an opportunity to enjoy the beauty and tranquility of the surrounding countryside.

**Outpatient Services**: their Rock Creek facility also provides outpatient treatment services. Services include evaluations, intensive outpatient (IOP) treatment and continuing care groups.

#### **Lake Area Recovery Center**

2801 C. Court Ashtabula, Ohio 44004 www.lakearearecovery.org

> Outpatient Addiction Recovery Programs Lake Area Recovery Center's various outpatient programs help individuals with substance use disorders to gain the necessary motivation to achieve sobriety, change negative and criminal thinking, manage anger problems, deal with past trauma, stop domestic violence, prevent relapses, and more.

Intensive Outpatient (IOP) Program An IOP program at Lake Area Recovery Center provides clients with the intense treatment experience of inpatient programming through group dynamics without the need for on-site residential care.

Recovery Housing Jefferson House (women) and Eubanks House (men) provide 24-hour recovery housing to individuals with substance use disorders, usually for 30-90 consecutive days.

Residential Treatment Centers New Beginnings (women) and Turning Point (men) provide residential treatment to individuals with substance use disorders who are living at our recovery housing facilities.

Specialty Court Treatment Programs Probation/parole officers or judges in a drug court refer offenders in active cases to Lake Area Recovery Center for addiction recovery services. By successfully completing treatment through a specialty court, participants can have their prison sentences reduced or expunged.

Medication-Assisted Treatment (MAT) Lake Area Recovery Center provides temporary medication-assisted treatment (MAT) for certain clients with severe, long-term addiction problems.

**Driver Intervention Program (AWARE)** The Advancing Wellness and Resiliency in Education (AWARE) Driver Intervention Program (DIP) is a 72-hour session for first-time offenses of driving under the influence (DUI) and/or operating a motor vehicle impaired (OVI) that serves as an alternative to an otherwise mandatory minimum 3-day jail sentence.

Peer Support Services Peer support services that we provide involve individuals with lived experience of mental health or substance use challenges providing support, encouragement, and assistance to others facing similar struggles. These services are based on the concept of peer support, where individuals with shared experiences can offer empathy, understanding, and practical guidance. Peer support services play a crucial role in promoting recovery, reducing stigma, and creating a sense of community for individuals facing behavioral health challenges. The collaborative and empathetic nature of peer support can enhance the overall effectiveness of mental health/SUD

interventions.

Case Management Services A collaborative and client-centered approach to providing comprehensive care and support to individuals receiving SUD/mental health services in our outpatient setting. Case managers focus on coordination of client care, advocate for the client in the community, link other needed services in the community, and monitor and follow up with the client to maintain adherence to their treatment plans.

## Signature Health (440) 578-8200

4726 Main Ave. Ashtabula, OH 44004 www.signaturehealthinc.org

**Walk-in Assessments** The first step to receiving treatment is an assessment with a counselor. Schedule this in advance or walk in, Monday through Friday, to establish care. They often treat patients who have a dual diagnosis, meaning they have both mental health and substance use needs.

**Counseling & Psychiatry** Through talk therapy and other approaches, their counselors, psychiatrists and addiction medicine providers are experts in caring for patients with substance use disorder (SUD), including opioid use disorder (OUD) and alcohol use disorder (AUD). This may include one-on-one, family or group counseling, and medication management.

**Medication Assisted Treatment (MAT) Program** The MAT program is for those struggling with alcohol or opiate addiction. It uses a medication regimen paired with mental health and support services to support individuals in starting and sustaining their recovery.

**Intensive Outpatient Program (IOP)** For patients diagnosed with substance use disorder, their IOP is structured and scheduled programming. Those suffering from physical withdrawal, homelessness, preoccupation with drug use, or other similar issues, may want to consider IOP.

**Dual Partial Hospitalization Program (DPHP)** DPHP is an intensive group for patients who have both a mental health diagnosis and substance use disorder. The program, available in Maple Heights, focuses on building coping skills and mindfulness to help stabilize and improve patients' living environments.

**Problem Gambling Treatment** If you or a loved one is struggling with gambling, Signature Health has licensed counselors with specialized training to treat problem gambling disorder.

**Peer Support and Case Management** A trained peer support specialist is someone who can share their own lived experiences to help patients with their recovery. This could mean assisting with problem solving, navigating care, accompanying the patient to

12-step meetings, coaching on life skills, etc. Another member of the care team could be a case manager, who helps patients navigate everyday life to ensure basic needs are met (e.g., food, housing, clothing, etc.)

**Connection to Medical Care** Patients also can access Signature Health's primary care and infectious disease services, including health screenings and treatment for hepatitis C, HIV and sexually transmitted infections (STIs).

**Residential Facilities** Signature Health operates Roberto Flores Home in Euclid, which cares for patient with a dual mental health and substance use disorder diagnosis.

# **Cuyahoga County**

Alliant (216) 554-4211

3535 Lee Rd Shaker Heights, OH 44120 https://alliantrecovery.com

Alliant offers intensive outpatient program (IOP), partial hospitalization (PHP), Focused Group, group therapy sessions, Individualized Treatment Plans, Aftercare, and specialized group therapies. Their treatment plans are designed to ensure long term recovery.

**Partial Hospitalization Program (PHP):** PHP is designed for patients whose addiction is not entirely out of control and has not been going on for a long time.

**Intensive Outpatient Program:** evidence based IOP is effective for those in recovery from addiction, and any associated mental health issues. Clients attend groups 3 days a week for 3 hours a day for a minimum of 8 weeks.

Addiction and Mental Health Counseling: clients learn more about their disease and the process of recovery through individual counseling and group sessions facilitated by licensed counselors. Alliant counselors offer individual counseling services to support each client through their recovery process. Counselors meet regularly with clients individually to discuss and monitor treatment progress

**Group Counseling:** Alliant offers evidence-based outpatient group therapy to stabilize and enhance the recovery efforts of all program clients. Counselors strive to maintain small group sizes and low client-to-counselor ratios, which encourages personal attention.

**Peer Support Services:** Certified peer support staff are individuals who had direct lived experience with behavioral health challenges. They have been successful in their recovery process and are able to help others experiencing similar situations. It also includes people who has navigated services on behalf of an individual with behavioral

health challenges. Certified peer staff are trained and certified in using their lived experience to help others impacted by mental illness or substance use disorders. From their common understanding, experience, and mutual respect, peer support staff help people become and stay engaged in the recovery process and minimize the possibility of relapse. Their services can effectively go beyond the scope of treatment offered in clinical setting and extend to everyday environment of clients seeking successful recovery.

**Social Support:** Each client is offered case management services, transportation assistance, and help with housing. They provide solutions to achieve stability which allow clients to focus solely on their recovery while in treatment.

**Job Placement Assistance:** Job training and employment assistance is provided to clients who successfully complete the program to enable them to become productive members of the society.

**Housing Assistance:** eligible individuals are provided free housing. Alliant offers all of our outpatients who currently do not have living arrangements, have no current employment, or are struggling with issues with food, shelter, clothing and hygiene a place to stay while we help you with your journey towards recovery. Their Euclid location offers multiple floors of shared and supportive housing, job training and employment assistance are offered on-site and daily transportation and peer support visiting the sober living residence, your recovery can be made as smooth and easy as possible. The housing depends on availability and is provided on a first-come, first-served bases.

**Transportation Assistance:** Transportation assistance is provided to clients from the Sober Living residence to treatment locations or to doctor's appointment.

**TeleMed Appointments:** Alliant offers TeleMed services where the psychiatrists serve clients remotely.

**Court-Ordered Substance Abuse Treatment:** Courts may order addiction treatment when someone is in the criminal justice system. If the person has been accused of a nonviolent crime and the judge feels that substance abuse or addiction played a role in the commission of that crime, they may be able to order rehab treatment to replace some or all jail time. While some might not have come to treatment voluntarily, they often have a desire to become sober for the sake of a life without drugs or alcohol.

#### **Ed Keating Center**

(216) 472-1276

1980 Brookpark Rd. Cleveland, OH 44109 www.edkeatingcenter.org

The Keating Center offers a variety of services beginning with a three-month in-house Sober Living Program in which residents attend group meetings facilitated by

experienced recovering alcoholics. Residents must get an AA sponsor and attend 12-step meetings every night.

Once residents complete the Sober Living Program, they advance to our 3/4 Transitional Program. They continue to live in the Center's sober environment while working so they can financially help themselves, as well as pay a nominal fee to help support the Center's Programs. They attend seven mandatory 12-step meetings each week, as a reminder "that staying sober must come first." Also, Transitional Program residents attend mandatory after-care meetings once a week.

#### **Locations:**

The Ed Keating Center: (216) 472-1276 1980 Brookpark Rd. Cleveland, OH 44109

The Rock: (216) 472-1276

Located at West 117<sup>th</sup> and Berea Road, formerly known as "The Rock", houses the B. Riley-Keating Center Recovery Coalition. This facility supports our mission and prioritizes the LGBTQ segment of the recovery community.

East 93rd Street: (216) 641-7730

Located on Cleveland's east side, this is the newest sober living facility. It houses up to 100 men, including some in the Transitional Program having achieved sobriety after three months in-house and now committed to staying sober, getting a job, and rebuilding their lives.

**Jean Marie House:** (216) 676-4618

Located on Engel Road in Brookpark. This site is for Sober Living for women. This residence can serve 45 women at a time.

Highland Springs (216) 302-3070

4199 Mill Pond Drive Highland Hills, OH 44122 https://highlandspringshealth.com

**Call or Walk-In** Your first step is to receive a complete assessment. You can schedule an assessment anytime, day or night, by phone or chat. They offer assessments via secure video conference, over the phone, or in-person.

**No-Obligation Assessment** During your assessment, they will ask about your medical history and past substance use, as well as any other emotional issues you're having.

**Detox** If you require medical attention, making sure you're stable is their first priority. Depending on your current physical condition, they may recommend detox, a medically supervised inpatient program that will help you withdraw safely.

**Inpatient Rehab** You'll receive around-the-clock medical care through inpatient rehab as you stabilize. When you're able, you'll begin participating in a variety of therapies, including individual, group, and family therapies that are focused on you and your recovery goals. Most people benefit from a combination of talk therapy and activity-based therapy, as well as opportunities to join peer-to-peer support groups.

**Outpatient Rehab** \*Telehealth Available\* Some people transition to one of their outpatient programs to continue treatment, while others start in outpatient rehab. Their partial hospitalization program (PHP) provides therapy and support in a day or evening format for people who need to live at home. Their intensive outpatient program (IOP) meets less frequently while still offering comprehensive services. Both types of outpatient treatment may include medication management and wellness training.

#### **Hitchcock Center for Women**

(216) 421-0662

1227 Ansel Rd. Cleveland, OH 44106 https://hcfw.org/

**Residential Treatment:** Hitchcock Center welcomes children up to the age of 12 to live on our historic campus while their mothers receive treatment. Keeping mothers and their young children together in comfortable homelike atmosphere reduces the family's stress and allows them to focus on healing.

Outpatient Counseling, IOP, and PHP. MAT Program, Recovery Housing: Hitchcock's Recovery Housing program allows women to stay in fully furnished individual or family suites on our campus with fellow residents and staff nearby. Having reliable social support and living in a safe, nurturing, drug and alcohol-free environment makes it easier to stay sober after addiction treatment and become better prepared for independent living.

Children under the age of 12 are welcome to live with their mother in their Recovery Housing suites, receiving essential services to keep them on track and together as a family.

Matt Talbot (440) 843-5522

6753 State Rd. Parma, OH 44134

https://www.ccdocle.org/locations/matt-talbot-residential-treatment

Programs include the following: Education about addiction, recovery and relapse prevention, Group counseling, Individual counseling, Case management, Medical/psychiatric evaluation, Culturally- and gender-specific life skills training, Housing, meals and personal care items, and Medication-assisted treatment. Access to a daytime medical clinic (available at our men's facility)

**Comprehensive discharge planning and services includes** Employment or job readiness training and referrals, sober housing information and guidance, and continuing care plan and sober recreation.

Residential Addiction Treatment Services are open to all individuals regardless of race, creed, ethnicity, disability, or ability to pay.

#### Northern Ohio Recovery Association (NORA)

(216) 391-6672

1400 E 55<sup>th</sup> St. Cleveland, OH 44103 https://norainc.org/

**Assertive Community Treatment**: Intensive and comprehensive treatment services provided by a multi-disciplinary team to individuals that suffer from severe mental illness and substance abuse.

**MAT Treatment**: Medication Assisted Treatment or M.A.T. is a treatment method for long term opiate addiction. The goal of the M.A.T. Program offered by NORA is to support an individual's efforts to remain abstinent from opiates through the use of peer support, counseling, medication and case management services. They help individuals struggling with an opiate use disorder to achieve several goals.

**Residential Support**: Inpatient rehab is a residential treatment center where patients reside for various lengths depending on their program. The average stay is 30 days, but most addiction treatment facilities offer longer programs (60 days, 90 days or even longer). The length of treatment depends on several factors, including the severity of the addiction, the existence of any co-occurring mental health conditions, and whether the person has been through rehab before.

Most inpatient centers offer family programs, where members of the patient's family participate in family counseling and activities. This provides the opportunity to mend trust and identify dysfunctional relationships or dynamics that could trigger a relapse. Families can help encourage and support their loved one by being actively involved in their recovery.

**Perkins Place:** Intensive Inpatient Treatment for Women. Perkins Place is a gender-specific, Intensive Inpatient Program designed to address the needs of those women suffering from substance use disorders. These services are provided by using evidence-based practices for the women and their children who are residing in their facility. Women often live and operate within systems which they often need help navigating. NORA's holistic approach is to treat the whole person and not just their addiction.

**Outpatient Treatment:** Outpatient treatment allows for individuals to continue to maintain a typical schedule without removing themselves from their environment for an

extended length of time. In many cases, outpatient treatment can also be done via Screen Share – making treatment even more flexible and accessible for individuals. Having treatment supplemented to an existing schedule is often more realistic than having a person change their everyday life and routine for the purpose of focusing on self-recovery.

**NORA Peer Project:** Peer recovery support services are designed and delivered by people who have their own experience in substance abuse and recovery. They know what it's like to be an addict, to struggle with the daily pressures and stress, to overcome the guilt, sadness, confusion, to try to find a job, rebuild careers, relationships, and self-esteem.

Adolescent Treatment Services: NORA uses evidence-based, family-focused treatment and recovery support models (A-CRA and ACC) to teach youth (12-17 years old) new ways of handling life's problems without drugs or alcohol. The Adolescent Treatment Program teaches them how to use existing community resources that will support positive change and help to develop a positive support system. This training extends support into the families' homes. These models have been proven to assist youth in determining for themselves that sober behavior is more rewarding than substance abuse, as well as helping families to support youth in their efforts towards recovery.

Stella Maris (216) 781-0550

1320 Washington Ave. Cleveland, OH 44113 www.stellamariscleveland.com

The Stella Maris Withdrawal Management (Detox) unit consists of 20 beds in a freestanding facility that provides 24-hour care and intervention of withdrawal management and associated symptoms to clients.

**High-Intensity Residential Unit:** One free-standing unit, currently housing 12 identified males, with plans to expand to 32 all-gender beds. Clinical services run 7 days per week and is staffed 24/7

Clients will receive treatment from a team that includes Psychiatrist Professionals, Nurse Practitioner, Licensed and Credentialed Counselors, Nurses, Case Managers, Peer Recovery Supporters, and Techs. The Residential Program is trauma-informed and incorporates evidence-based practices, including daily therapeutic group counseling, psycho-educational groups, case management, urine screens, medication management, psychiatric services, primary care services, peer support services, and linkage to further treatment post completion. The approximate length of stay is approximately 28-45 days, or until the client no longer meets criteria for Level 3.5 services.

**Partial Hospitalization Services (PHP):** Serves clients who require medical, psychiatric, and substance use disorder services in an integrated, multi-disciplinary setting that

provides intensive daily structure and support. PHP is designed to serve clients who need a safe and structured environment and all-day monitoring by clinical and nursing staff to achieve treatment progress and demonstrate recovery skills, achieve stabilization both medically and psychiatrically, and build emotional management skills. Clients are encouraged to demonstrate healthy coping skills and boundaries for managing emotions, psychiatric needs, legal problems, medical needs, relationships with peers, triggers, cravings, and lingering symptoms of Post-Acute Withdrawal Syndrome. Clients can attend virtually, in person from home, and/or while living in Supportive Housing at Stella Maris or within the community.

The PHP chemical dependency treatment services will encompass: five (5) hours of psycho-educational groups per day, five (5) days per week and individual counseling with the client's Primary Counselor, as needed. The total hours of direct service will be a minimum of twelve (20) per week. Individual and group counseling will employ a dialectical and cognitive-behavioral therapy model. Educational groups will cover a broad range of topics related to recovery: substance use disorders, anger management, communication skills, assertiveness skills, depression, anxiety, and trauma.

**Intensive Outpatient Program (IOP):** Serves clients who require regular, structured support in a therapeutic group setting several times a week, but who can manage their lives daily, without constant monitoring.

IOP is a program designed to serve clients who need the therapeutic contact and intervention to achieve treatment progress and demonstrate recovery skills, active case management and coordination for medical and psychiatric conditions, and intervention and monitoring to build emotional management skills. IOP is the program that clients will spend the most time in and have the opportunity to demonstrate significant progress in the tasks of daily living, the recovery process, the process of attaining a sober support network, the process of repairing relationships, and education in the effects that substance use disorders have on everyday life.

The IOP chemical dependency treatment services will encompass: three (3) hours of psycho-educational groups per day, five (5) days per week for five (5) weeks before stepping down to four (4) days a week for four (4) weeks, and individual counseling with the client's Primary Counselor, as needed. The total hours of direct service will be a minimum of fifteen (15) to twelve (12) hours per week. Individual and group counseling will employ a cognitive-behavioral therapy model. Educational groups will cover a broad range of topics related to recovery: substance use disorders, anger management, communication skills, assertiveness skills, depression, anxiety, and trauma.

**Supportive Housing:** Facilities house 42 newly sober identified men and 17 newly sober identified women in separate locations, both located on or near Stella Maris main campus.

To ensure client safety and compliance, staff are on-site and monitoring client activity 24 hours a day, 7 days a week. Clients are asked to commit to a minimum of 90 days upon entering the supportive housing program but may stay longer if they reside in the men's supportive housing program. Case management services are provided for the duration of the client's housing. At the end of their stay, clients are referred to safe and stable housing options within the community.

Stella Maris's Supportive Housing Programs are based upon a (modified) Therapeutic Community (TC) model where clients learn responsibility for their thoughts, feelings, and actions. TC members provide ongoing feedback to each other regarding their progress in achieving healthy living habits. They are responsible for the governance of the TC, as well as the day-to-day activities. Clients establish their own community philosophy and senior residents serve as role models, fulfilling key appointed positions within the community. Clients advance through the levels of the program based upon their individual progress. Emphasis is placed upon self-care, maintenance of belongings, cleanliness of personal space, interpersonal communication skills, conflict resolution and giving back to the community.

**Recovery Housing:** Clients residing in the Supportive Housing Units (male or female) that successfully complete IOP may be eligible to go to any number of ¾ houses linked in our network. Stella Maris is able to offer certain funding to help subsidize the required rent payments at these houses, for clients that meet specific criteria. The clients pay rent and are required to find employment within 30 days of moving into the housing.

**Case Management:** Is offered throughout the treatment continuum and assists participants with connections to internal and external services and goals related to stabilization of housing, legal situations, medical concerns, and employment.

**Family Therapy:** Is broken into two parts, first the Educational Session provides information covering a variety of topics to help family members understand substance use disorders as a brain disorder, how behaviors impact the family, and healthy ways for family members/concerned others to respond to their loved one's behaviors without taking responsibility for them. To receive the greatest benefit from the program it is recommended that you attend all 10 sessions presented, along with the support group.

And second, the Support Group provides a caring environment for those seeking insight and support for making healthier choices for themselves and those they love in response to the negative impact of a loved one's substance use disorder. Visit joynerandassociates.com to access a more detailed description of the program.

**LGBTQ+ Track:** Stella Maris is proud to have implemented a track specifically designed for an LGBTQ and ally population. This program offers a comprehensive range of substance use disorder recovery services across all levels of care. The LGBTQ+ track is meant to be accessed at admission, allowing clients to be followed by a medical and

clinical team that are trained in LGBTQ sensitivity topics. An LGBTQ specific IOP group is also currently being offered.

**Medication Assisted Treatment:** Is offered in two forms to clients that are engaged in clinical services at Stella Maris. Extended-release naltrexone (Vivitrol) is an injectable medication that is administered by a medical professional on site every 28 days. Short-acting naltrexone is a tablet taken daily at the same time each day to ensure its effectiveness. Both medication options support a client's recovery by reducing cravings and enhancing abstinence. Individuals with opioid or alcohol use disorders can benefit from the use of naltrexone.

**Peer Support:** Certified Peer Recovery Supporters are individuals in long-term recovery who have completed training and testing and have been certified by the State of Ohio. At Stella Maris, participants have access to peer support to help navigate new situations in recovery.

**Post-Acute Withdrawal Management:** Stella Maris provides treatment and education to clients for Post-Acute Withdrawal Syndrome (PAWS). During the post-acute withdrawal stage many of the physical symptoms of withdrawal begin to decrease, however, for many the psychological symptoms are exacerbated. Post-acute withdrawal can last for several months after drug and/or alcohol use has ceased. Typical symptoms of Post-Acute Withdrawal Syndrome include labile mood, increased stress levels, insomnia, changes in appetite, and anxiety. Medication management of these symptoms allows the client to fully engage in the initial phase of treatment.

**Primary Medical Care:** Stella Maris provides primary medical care for all clients residing on campus, in the housing programs, and in the outpatient programs. Medical services include medication management, regular physical checkups, and management of medical co-morbidities that do not require hospitalization.

**Psychiatric:** Psychiatric services are offered to clients in our Withdrawal Management Unit and Residential programs. If Stella Maris is unable to meet the mental health needs of an individual client, we ensure the client is referred to the correct professional or organization to assist them with these needs.

**Trauma Services:** Trauma specific counseling services are being offered at Stella Maris, including group and individual counseling. Group services at the Detox, PHP, and Residential treatment levels include psychoeducation on a variety of topics with a trauma-focused lens. Clients needing additional support, and committed to our full continuum of care, are eligible to receive individual services and meet one on one with a trauma trained therapist weekly. Individual clients work with the therapist on a treatment plan that addresses individual needs and includes appropriate interventions such as CBT, DBT, and EMDR. Trauma therapists blend substance use recovery treatment with mental health and trauma therapy to meet the needs of each individual

client as they begin their recovery.

**Workforce Development:** This program introduces participants to workforce development opportunities in the Stella Maris kitchen, coffee shop and with outside partners, prepares them for the job search and interview process, connecting clients to sustainable employment in the later phases of treatment.

## **LAKE COUNTY**

<u>Brightview</u> (888) 502-4571

www.brightviewhealth.com
\*\*Medicaid Plans accepted\*\*

Several Locations: Akron, Parma, Kent, Elyria, Willoughby, Canton, Warren, Dover, Youngstown, Sandusky, Mansfield, & Ashtabula.

**Medication Assisted Treatment (MAT):** MAT program combines FDA-approved medications with therapy to treat substance use disorders effectively. This evidence-based approach helps reduce cravings, manage withdrawal symptoms, and support long-term recovery.

**Drug Addiction Treatment:** BrightView offers outpatient drug treatment programs tailored to individual needs, addressing the challenges of substance use disorders. Patients receive therapy, social support, and holistic care to build a foundation for sustainable recovery.

**Alcohol Addiction Treatment:** They provide compassionate care for alcohol use disorder through therapy, counseling, and medication when appropriate. The goal of programs for alcohol addiction is to help patients regain control of their lives and achieve lasting sobriety.

**Heroin Addiction Treatment:** In heroin addiction treatment, patients receive tailored outpatient care, including medication management and therapy. BrightView focuses on treating heroin use as a medical condition, with respect and immediacy of care.

**Opioid Addiction Treatment:** Their opioid addiction program addresses the unique challenges of opioid dependency with personalized plans. Therapy and medications like buprenorphine help patients reduce cravings and rebuild their lives.

**Fentanyl Addiction Treatment:** Specialized fentanyl addiction treatment includes medication assisted treatment and behavioral therapies. BrightView prioritizes accessibility and flexibility to support patients battling this potent opioid.

**Meth Addiction Treatment:** They offer evidence-based outpatient treatment for methamphetamine use disorders. Therapy, counseling, and social support are central to helping patients overcome drug dependency in meth addiction treatment.

**Addiction Relapse Program:** BrightView's relapse program helps patients regain stability and re-engage with recovery after setbacks. The program, which takes a nonjudgmental approach, provides tailored support to help patients continue their progress.

**Outpatient:** Outpatient addiction treatment program helps patients manage their symptoms, understand their addiction, and begin the road to recovery.

#### **Charak Center for Health and Wellness**

(440) 205-1008

8532 Mentor Ave. Mentor, OH 44060 www.charakcenter.com

They provide comprehensive, outpatient treatment services to include, but not limited to: diagnostic assessments from a psychotherapist and a psychiatric provider to assess the patient's individual needs, psychotropic medication management from a psychiatric provider, group psychotherapy for addictions, individual psychotherapy for underlying mental health symptoms, such as anxiety, depression, PTSD, bipolar, and personality disorders, and case management services to address and solve any potential barriers to treatment. With over 100 years of collective addictions experience that includes Board Certified Addictionologists and psychiatrists, licensed psychologists and social workers, licensed professional counselors, chemical dependency counselors, and case managers, their staff is dedicated to providing the best intensive outpatient services to our patients.

Charak offers a pharmacological treatment protocol that includes Suboxone and Vivitrol to assist opiate dependent men and women with their recovery. Once a patient has signed a contract and they have completed both diagnostic assessments, they proceed to the induction phase of treatment. During the 5 consecutive days of treatment in the induction phase, patients are medicated and observed for tolerance of the suboxone. Upon completion of this phase, patients attend an intensive outpatient program (IOP), which involve group therapy, three times a week, three hours per group, and individual psychotherapy.

Charak offers morning and afternoon IOP groups in the Medina, Garfield, Mentor and Elyria offices 5 days per week. Because addiction is a chronic illness that impacts not only the person abusing the substances but also the family members and loved ones, Charak offers Family Night Groups during the IOP phase. Patients also participate in Aftercare groups, 2 times a week for 2 hours each group, for 10 weeks, then Aftercare groups once a week for 10 weeks, and then maintenance therapy (psychotropic medication management and individual psychotherapy) once a month for a minimum of 20 weeks until treatment is completed. Patients are also required to submit scheduled and random urine screens, participate in group and individual sessions, and attend all scheduled

appointments throughout the course of treatment.

<u>Crossroads</u> (440) 358-7370

1083 Mentor Ave Painesville, OH 44077 https://crossroadshealth.org/
\*\*Medicaid Plans accepted\*\*

**Assessment: ADULTS & ADOLESCENTS** The evaluation and treatment recommendation for adolescent and adult chemical use, mental health, and family situation.

**Non-Intensive Outpatient Program: ADULTS & ADOLESCENTS** Counseling that may include individual, family, or group sessions along with case management and continuing care.

**Intensive Outpatient Program: ADOLESCENTS** A group treatment program provided after school with individual therapy, case management, and family therapy.

**Intensive Outpatient Dual Diagnosis Program: ADULTS** A group treatment program, with individual psychotherapy and case management services provided as needed to support progress. The Intensive Outpatient Program (IOP) for substance use disorders serves clients who have both severe mental health disorders and substance use disorders.

#### **Lake Geauga Recovery Center**

(440) 255-0678

9083 Mentor Ave. Mentor, OH 44060 www.lgrc.us

Lake-Geauga Recovery Centers offers ambulatory detox for individuals struggling with opiate addiction and withdrawal.

**Drug Free Safety Program** Under the new Drug-Free Safety Program, all new hires and new supervisors must receive employee education and/or supervisor training within 8 weeks of hire or promotion.

**Education** In response to requests from the judicial, business, and treatment communities, Lake-Geauga now offers an eight-hour Education Program on the third Saturday of each month. The program is open to anyone interested in gaining further knowledge and insight into the disease of addiction and options for prevention and recovery.

**Family Program** The Family Program is open to spouses, partners, parents, siblings, other relatives and friends who are interested in learning about substance abuse and how it affects them, to learn coping skills and to gain insight into how to support a chemically dependent family member.

**Grief Support Group** Anyone who has experienced the sudden loss of a loved one through drugs or alcohol knows that society treats that type of death in a much different manner than a death from other causes.

**Medication Assisted Treatment** Opioid addiction is treatable, and many can regain healthy and productive lives and renewed relationships with family and friends.

**Mike Link Driver Intervention** The Mike Link Driver Intervention Program is a state certified driver intervention program conducted by licensed professionals as part of Lake-Geauga Recovery Centers, Inc.

**Outpatient Services** Their Outpatient Services include assessments, drug testing, counseling (individual and group) as well as dual diagnosis.

**Recovery Housing** For individuals seeking a safe, sober and healthy living environment following the completion of primary treatment, the Center offers Recovery Housing.

**Residential Treatment Programs** Their residential treatment programs offer a place to recover, heal and begin a new life in sobriety and hope.

Signature Health (440) 578-8200

www.signaturehealthinc.org
\*\*Medicaid Plans accepted\*\*

Locations: Ashtabula, Beachwood, Lakewood, Maple Heights, Painesville, Wickliffe, & Willoughby.

**Walk-in Assessments** The first step to receiving treatment is an assessment with a counselor. You can schedule this in advance or walk in, Monday through Friday, to establish care. They often treat patients who have a dual diagnosis, meaning they have both mental health and substance use needs.

**Counseling & Psychiatry** Through talk therapy and other approaches, our counselors, psychiatrists and addiction medicine providers are experts in caring for patients with substance use disorder (SUD), including opioid use disorder (OUD) and alcohol use disorder (AUD). This may include one-on-one, family or group counseling, and medication management.

**Medication Assisted Treatment (MAT) Program** The MAT program is for those struggling with alcohol or opiate addiction. It uses a medication regimen paired with mental health and support services to support individuals in starting and sustaining their recovery.

**Intensive Outpatient Program (IOP)** For patients diagnosed with substance use disorder, our IOP is structured and scheduled programming. Those suffering from physical

withdrawal, homelessness, preoccupation with drug use, or other similar issues, may want to consider IOP.

**Dual Partial Hospitalization Program (DPHP)** DPHP is an intensive group for patients who have both a mental health diagnosis and substance use disorder. The program, available in Maple Heights, focuses on building coping skills and mindfulness to help stabilize and improve patients' living environments.

**Problem Gambling Treatment** If you or a loved one is struggling with gambling, Signature Health has licensed counselors with specialized training to treat problem gambling disorder.

**Peer Support and Case Management** A trained peer support specialist is someone who can share their own lived experiences to help patients with their recovery. This could mean assisting with problem solving, navigating care, accompanying the patient to 12-step meetings, coaching on life skills, etc.

**Connection to Medical Care** Patients also can access Signature Health's primary care and infectious disease services, including health screenings and treatment for hepatitis C, HIV and sexually transmitted infections (STIs).

**Residential Facilities** Signature Health operates Roberto Flores Home in Euclid, which cares for patient with a dual mental health and substance use disorder diagnosis.

#### The Behavioral Wellness Group

(440) 392-2222

8224 Mentor Ave. Suite 208 Mentor, OH 44060 https://behavioralwellnessgroup.com
\*\*Medicaid Plans accepted\*\*

A counseling center providing therapy, behavioral health services and assessments which include chemical dependency/drug addiction treatment, cognitive behavioral therapy (CBT), dialectical behavioral therapy (DBT) and other therapies. We also provide mental health or psychological assessments and formal psychological, educational and pre-surgical testing. Behavioral health services to individuals, couples, families, and groups. They provide tailored therapy along with substance abuse evaluations and treatment, psychological educational testing. Treatment plans are specific to the individual's needs. Services include individual and group counseling and medication management.

## **Windsor Laurelwood**

(440) 953-3000

35900 Euclid Ave Willoughby, OH 44094 https://windsorlaurelwood.com
\*\*Medicaid Plans accepted\*\*

Provides psychiatric, behavioral health and substance abuse treatment services for adults, children & adolescents. The multidisciplinary treatment team includes psychiatrists, psychologists, registered nurses, licensed social workers, case managers, and milieu and activity therapists. Services include inpatient treatment as well as partial hospitalization and intensive outpatient programs.

# **AUTISM ASSESSMENTS**

#### **Cleveland Clinic Center for Autism**

(216) 448-6440

https://my.clevelandclinic.org/pediatrics/departments/autism

Located at the Hospital for Rehabilitation Campus, in the Debra Ann November Wing, the Center for Autism is a state-of-the-art facility designed specifically to provide diagnostic, treatment based on applied analysis and intensive educational programming.

Within the Center for Autism, Services include:

- Outpatient Services
- Diagnostic Clinics
- Clinical Applied Behavioral Analysis (ABA) Services
- Outpatient Speech/Language Therapy
- Lerner School for Autism is a chartered, non-public school serving students ages 5 to 22 and offers the following programs:
- Early Childhood Program
- School-age Program
- Consultation Services

#### **Daily Behavioral Health**

(216) 252-1399

14538 Grapeland Ave. Cleveland, OH 44111 https://www.dailybh.com

Comprehensive neurodevelopmental and psychological evaluations are conducted by licensed psychologists and students under the supervision of a licensed psychologist. They conduct diagnostic evaluations for: Autism Spectrum Disorder, Attention Deficit/Hyperactivity Disorder, Specific Learning Disorder, Communication Disorders, Motor Disorders, Intellectual Disabilities. Also do testing for giftedness, anxiety disorders, and disruptive, impulse-control and conduct disorders.

<u>KidsLink</u> (330) 963-8600

899 Frost Rd. Streetsboro, OH 44241 www.kidslinkohio.com

Neurology Services, Psychology Services, Educational Testing and Neuropsychology Services, Therapy Services, and School Support Services.

Their clinical psychology team includes 2 fellowship trained pediatric psychologists. Timely diagnostic assessments for children with suspected neurodevelopment delays are critical to initiation of intervention as soon as possible. Research supports the need for immediate intensive intervention for children with a behavioral diagnosis. Timely intervention at an early age supports the best outcome. Given the recent growth in cases of ASD and related disorders, many area hospitals and clinics have extended waiting lists. Concerned over the lengthy wait lists for such evaluations, KidsLink has developed 2 models for evaluation that are comprehensive and streamlined.

# **University Hospitals**

(216) 425-2657

www.uhhospitals.org

The Rainbow Autism Center uses a two-stage screening and diagnostic process to aid families in getting the help they need more quickly. When you call for an assessment appointment, they will send you an initial screening you can complete at home. No one knows your child as well as you do, and the information you share with them about your child's growth, development, and behaviors is invaluable in the diagnostic process. You may also want to provide information from your child's pediatrician and school or daycare.

As soon as you return your screening paperwork you will be scheduled for a comprehensive team evaluation in the Rainbow Autism Diagnostic Clinic. Following your appointment, a multidisciplinary group of psychologists, neuropsychologists and developmental pediatricians will meet to analyze and interpret results, and they will schedule a follow up appointment with you to discuss the findings and next steps.

# **BASIC NEEDS**

<u>211</u>: call for information and community resources - maintains a comprehensive database of community resources and provides information and referrals for essential needs like food, housing, and utility assistance. They can also connect you with information and referrals for transportation, legal services, counseling and support groups.

Birthright Geauga (440) 286-9711

12304 Kinsman Road, Newbury Township, OH 44065 BIRTHRIGHT\_GEAUGA@AOL.COM

No cost services offered. They provide free pregnancy testing and verification of pregnancy. They also can help with maternity clothes throughout your pregnancy. They offer non-judgmental, confidential guidance. Whether you need a referral for other services or just need someone to talk with, you will find love, hope and

encouragement there.

Infant and Children's Clothing: they are able to help with infant and children's clothing up to size 6T. This includes seasonal items such as coats and snow boots. Clothing is available once per season and/or when your child changes sizes.

Additional Items for Infants and Children: Diapers, formula and other material items for infants and toddlers such as bottles, blankets, toys, etc. may be available as well. Please contact the office if you are in need of these items.

## Geauga Community Support Programs/Special Services

(440) 285-1263

Geauga County Job & Family Services 12611 Ravenwood Dr., Suite 150, Chardon, OH 44024

Often, individuals and families working with Geauga County Job and Family Services have needs that go beyond the scope of traditional assistance programs. Other times, they may have exhausted traditional assistance, but the need still exists.

Community Support assists residents who are facing hardship by collaborating with community partners. Through their non-profit, established in 2015 under the umbrella of Geauga County Job & Family Services, Special Services of Geauga County works to meet residents' needs through donations made to the non-profit, or by partnering with churches, organizations, civic groups, businesses and individuals to assist in meeting the needs.

**Financial Education Workshops**: While community workshops are no longer held, one on one budgeting assistance is available by appointment.

**Sponsor A Family**: Supported solely by donations and sponsorships for over 50 years, The Sponsor a Family program matches low-income families, foster children, and seniors in Geauga County with food, toys, and gifts for the holidays. Families must complete an application and demonstrate need to qualify.

Summer Camp and Enrichment Program: Geauga County Job & Family Service's Summer Camp and Enrichment Program provides Geauga JFS foster kids and low-income children in Geauga County with an opportunity to enjoy a summer camp experience or enrichment activity. The Summer Camp and Enrichment Program is funded entirely through donations. Activities children have been approved for include resident and day camp, gymnastics, little league baseball, football and basketball camp, YMCA camp, music lessons, soccer, cheerleading, and karate lessons. Monetary donations to the Summer Camp program also assist families with pay to participate fees and school field trips.

**Help Me Learn:** Each August, Geauga County Job & Family Services sponsors the "Help Me Learn" program to help children in need throughout Geauga County with school supplies, clothing, haircuts, eye exams, and dental screenings for the upcoming school year. The program is supported entirely from donations. There is no cost to the families, but they do need to demonstrate a need to participate. Families must be pre-registered. Registration takes place during the month of July each year.

**Housing Assistance:** The Housing Assist Program was established to help Geauga County residents with housing related needs and avoid homelessness for Geauga County residents. Donations to the program can help with rent, utilities and minor essential home repairs. Clients must first apply for traditional assistance programs when available. Request will be considered on a case-by-case basis.

**Car Repairs:** Lifeline of Lake and Geauga County offers the Jump Start Program which provides car repair assistance to eligible applicants. If approved for the Jump Start Program, additional funding through Special Services of Geauga County may be available to further assist with the cost of the repair. Clients must be eligible for the Jump Start Program to access additional funding through Special Services. Please contact Lifeline at 440-251-2781 for more information or to apply.

#### **Additional Assistance**

Geauga County Job & Family Services manages a small food pantry to assist client in need of emergency food and personal care items. Gift cards may be available to help families with perishable food items and gas on an as needed basis and individuals may also receive assistance, through donations from the community which traditional programs don't cover or have already been accessed. These needs are evaluated on a case-by-case basis.

Organizations, clubs, and individuals looking for volunteer opportunities can be matched with a family needing some support or assistance. They may choose to assist on a limited/one time basis, or they can help the family throughout the year. This may include yard work, minor repairs to the home, helping with food, helping a client move, transporting a client to a medical appointment out of county, or tutoring.

#### **Geauga Hunger Task Force**

P.O. Box 152, Chardon, OH 44024 www.geaugahungertaskforce.org

(440) 285-2261

A non-profit program administered by Geauga United Way made up of church and community volunteers to supply emergency food to Geauga County residents. Serving food pantries in Chardon (Pilgrim Christian Church), Burton (Burton Congregational Church), Chagrin Falls (Chagrin Falls Park Community Center), Chesterland (Christ Presbyterian Church), and Middlefield (First United Methodist Church). Hours and days vary. Contact United Way or dial 211 for dates and times of distribution.

Lifeline Program (440) 251-2781

12375 Kinsman Rd. Building H Suite 17, Newbury, OH 44065 www.lclifeline.org info@lclifeline.org

**Security Deposit Program:** Through this program, Lifeline can assist customers in obtaining safe and affordable rental housing throughout Geauga County. After an application process, including a quality and safety assessment of the property, customers can obtain funds needed for a security deposit and first month's rent.

**Bike Program:** The bike program offers eligible community members who do not own a vehicle an alternative way to get to appointments, employment or other necessary events independently. Low-income Geauga residents may be eligible to receive either an electric bike, scooter or regular bike, along with a helmet and lock. Eligible participants are required to participate in bike safety classes to learn about riding safely in the community. Eligibility requirements do apply.

Individual Development Account (IDA): An asset-building and financial literacy education program that provides long term self-sufficiency planning for eligible residents who have an earned income. This opportunity provides a comprehensive financial literacy education to improve money management skills. Applicants must choose from one of the three approved asset goals: home purchase, microenterprise or an educational goal. Additional financial education will be required that is asset specific. The IDA Program requires participants to commit to a monthly savings goal and attend financial case management sessions with Program Coordinator. Applicants are enrolled between six and 18 months and upon program completion, a financial match is made to the applicants savings account that must be used toward one of the three asset goals. Applicants must also be referred by a collaborating agency in Geauga County and complete an application packet.

**Volunteer Income Tax Assistance Program:** During tax season Lifeline will provide tax preparation assistance for the community through the VITA Program. This program, in partnership with the IRS, will allow low to moderate-income households to participate in free tax preparation sessions with IRS certified tax preparation volunteers. The goal is to maximize the amount of the tax return and be provided basic financial literacy information. Applicants must live in Geauga County and meet program income eligibility.

**JumpStart:** This program offers financial assistance to eligible households who need car repairs. The maximum amount of assistance is \$1,000 per household. All applicants must be over the age of 18 and have documented car insurance. Estimates provided by partnering mechanic businesses must document the car will remain "road worthy" after inspection. An estimate will need to be provided before assistance is approved.

**Financial Empowerment Classes:** A ten-hour financial literacy program is available to eligible Geauga County residents. Each class will cover a different topic including savings for emergencies or goals, tracking expenses, dealing with debt, understanding credit scores and protecting your money. Small classes offer opportunities for interaction and skill building. The classes are offered as a series and is not offered as individual classes. A fee of \$25 must be paid at time of program intake.

# **COUNSELING SERVICES – GEAUGA COUNTY**

## **Abundant Life Counseling**

(440) 490-4011

12690 Opalocka Dr. Chesterland, OH 44025 info@abundantlifecounselingservices.com \*\*Private Insurance or Self Pay\*\*

They provide individual counseling for children, adolescents, and adults as well as marriage counseling. They come alongside their clients and strive to foster change for those facing an array of difficulties and concerns including anger, anxiety, attention deficit hyperactivity disorder, autism spectrum disorders, bi-polar, behavioral concerns, depression, obsessive compulsive disorder, parenting related concerns, self-harm, social skills, school avoidance or school related concerns, stress, trauma, trichotillomania, and work-related concerns.

Catholic Charities (440) 285-3537

602 South St. Chardon, OH 44024 https://www.ccdocle.org/counties/geauga

Counseling Services, Early Childhood Mental Health Program, Case Management for Self-Sufficiency, Whole Child Matters, Getting Ahead Program, Bridges @ Work, Help Me Grow Home Visiting, and Family Violence Intervention Program.

#### Family Pride of Northeast Ohio Inc.

(440) 286-1553

695 South St, Suite 6, Chardon, OH 44024 www.familyprideonline.org

\*\*Geauga, Lake & Ashtabula\*\*

\*\*Medicaid Plans accepted\*\*

Family Pride is a community-based behavioral health agency that provides counseling services, case management, parent education, senior support, and school-based services in Geauga, Lake, Ashtabula and portions of Cuyahoga and Portage Counties. Services can be provided in client's homes, throughout the community such as in school or work, as well as in their office locations in Chardon, Middlefield, and Ashtabula. Family Pride's goal is to assist individuals and families to positively cope with their daily struggles within their own natural environment and where it is needed most.

## **Genesis Counseling Center**

(440) 543-8880

17747 Chillicothe Rd. Suite 105 Chagrin Falls, OH 44023 genesischagrin@gmail.com

\*\*Private Insurance or Self Pay\*\*

Providing counseling and psychiatric medication management services to individuals, couples, adults, adolescents and children. Treatment specialization includes Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution, Relationship Concerns, Psychological Testing, ADHD, LGBTQ and related issues, College Counseling, Veterans Issues, & Personal Growth.

They work with a wide range of emotional and behavioral issues providing services that span from therapy for depression and anxiety, ADHD, addiction and recovery, relationship concerns, stress management and psychological testing.

## **In Step with Horses**

(440) 688-1810

7212 Wilson Mills Rd. Chesterland, OH 44026 www.instepwithhorses.org

E-mail: info@instepwithhorses.org

\*\* Accepts Medical Mutual and Aetna, plus: PASSS, OhioRISE, Neon/DD, and offers subsidies for low-income families \*\*

Individual & Family Counseling: Incorporate horses into your therapy sessions or spend time in nature while talking to your clinician. Their team of social workers can help you set and reach your goals in a unique setting. Flexible options such as telehealth are available as well for those days where life happens.

Supportive Parenting is a group or individual service for parents looking for tips and skills to manage difficult relationships with their children. Dad's Think Tank is a group-style meeting of the male mind facilitated by a social worker to help navigate the twists and turns of parenthood using a collaborative approach.

#### **Mindfulness Counseling LLC**

(440) 591-4366

516 East Washington St. Suite E Chagrin Falls, OH 44022

\*\*Medicaid Plans accepted\*\*

Mindfulness & Stress Reduction Counseling. Child, Adolescent, and Adult Art Therapy. Couples Counseling, Anxiety and Social Anxiety, and Trauma Treatment.

#### **Ravenwood Health**

(440) 285-3568

12557 Ravenwood Dr., Chardon, OH 44024

http://ravenwoodhealth.org
\*\*Medicaid Plans accepted\*\*

**Individual Counseling** Trauma-informed care for adults, youth and children. Clients work one-on-one with a trained mental health clinician in a safe, caring, and confidential environment.

**Marital/Couple's Counseling** Marital counseling, or couple's counseling can help improve romantic relationships and address interpersonal conflict to improve the relationship and build connection.

**In Home Based Family Services** This service is provided to those children and their families who are experiencing significant mental health problems. Intensive therapeutic services are provided in the home and natural environment of the child and family.

**Sexual Abuse Treatment Program** The program provides therapeutic intervention for sexually abused individuals and their families to enable them to lead productive, mentally healthy, and abuse free lives. Treatment typically consists of a combination of group, individual and family therapy, case management services are available to increase victim and family advocacy.

**Drug and Alcohol Counseling** Assessment and counseling is available for individuals with chemical dependency issues and co-existing mental health issues as well as for their families and significant others.

**Family Counseling** Improve communication and resolve conflict. They work with families to build toolboxes and offer resources to nurture change and development.

**Group Counseling** Small group counseling is offered to help with community-based treatment to improve socialization. Groups include early intervention, sexual abuse support, offender rehabilitation support, aftercare, group therapy and treatment, and outpatient groups.

#### **Youth Day Treatment Program – Bridges**

<u>Senior Bridges</u> is a program for youth 11 - 17 who are at risk for psychiatric hospitalization or residential treatment placement, featuring a variety of treatment groups to decrease out of home placements. The program is held on Mondays and Wednesdays from 3:45 pm to 6:30 pm. Youth only need to attend one day per week, but both are encouraged.

<u>Junior Bridges</u> is a program for children 8 - 11 who are at risk for psychiatric hospitalization or residential treatment placement. The program is held Tuesdays and Thursdays from 3:45 pm - 6:30 pm. Youth only need to attend one day per week, but both are encouraged.

Psychiatric Medication Assessment and Monitoring for Children, Youth and Adults Psychiatric assessment and ongoing care are offered on an outpatient basis, as well as pharmacological and psychotherapeutic interventions. Central Pharmacy services are available for qualified consumers.

Adult Therapeutic Behavioral Support and Community Psychiatric Supportive Treatment (TBS & CPST) TBS/CPST Workers address barriers and promote the recovery of the clients they serve. Activities include education, monitoring, coordinating, intervening, linking and supporting clients with severe and persistent mental illness.

Murray's Clubhouse – Social / Recreation Center This program is a drop-in and activity center. It provides social and recreational opportunities for individuals in Geauga County who self-identify as having a mental illness.

**Peer Support** Supporters are persons with lived experience who are trained and certified to provide supportive services to those experiencing a mental health or addiction disorder.

#### **Redefined Counseling & Consulting**

(440) 688-4308

8251 Mayfield Rd., Chesterland, OH 44026 www.redefinedcounseling.com
\*\*Medicaid Plans accepted\*\*

The providers in their group practice are committed to strengthen individuals, families, and communities by advocating for mental health and reducing stigma through prevention, education and counseling. They offer individual and family counseling to address anxiety, ADHD, addiction, depression, life transitions, mood disorders, and trauma ranging from children through adulthood. EMDR and Trauma-Based services, and consultation and supervision within individual and group settings.

Ubuntu Wellness

203 Main St. Chardon, OH 44024 www.ubuntuwellnessohio.com

\*\*Private Insurance or Self Pay\*\*

(440) 214-9062

Anchored in a comprehensive understanding of the whole person, therapists employ a multidimensional counseling approach. This approach addresses individuals' mental, physical, and emotional needs through evidence-based practices such as CBT (Cognitive Behavioral Therapy), DBT (Dialectical Behavioral Therapy), EMDR (Eye Movement Desensitization and Reprocessing), Motivational Interviewing, IFS (Internal Family Systems), Brainspotting, Interpersonal Psychotherapy, Clinical Hypnosis, Art Therapy, and Play Therapy, among others

They offer Medication Management Services with their Adult Psychiatric Nurse Practitioner to work with you to provide compassionate, evidence-based care aimed at improving your mental health and overall well-being. They will conduct a thorough assessment of your mental health history, including any previous diagnoses, treatments, and medications, discuss medication options, potential side effects, and any concerns you may have and coordinate with other healthcare providers (with your consent) or specialists as needed to ensure comprehensive care.

# **COUNSELING SERVICES - SURROUNDING COUNTIES**

**Beyond Healthcare** 

(888) 380-1592

23600 Commerce Park Rd. Beachwood, OH 44122 www.beyondhc.com

\*\*Medicaid Plans accepted\*\*

**Partial Hospitalization Program:** Full-day program held six hours a day, five days a week and includes group therapy, medication management, medical services, and education to treat intensive mental health concerns.

**Intensive Outpatient Programs:** This after-school program is held three hours a day, three days a week in a group setting to help teens and adolescents manage diverse mental health concerns with a focus on holistic healing.

**Summer Programs:** Helps 8 to 17 year olds to gain skills during the summer school break so they return to school more confident and healthier than ever.

**Medication Management:** Personalized treatment plans and regularly evaluate the safety and efficacy of medications in teens and adolescents who benefit from them, ensuring their assistance towards wellness goals.

**Assessments & Diagnosis:** Provides the most individualized and effective care plan, they offer mental health assessments to determine if your child's thinking and behavior could be affected by a particular condition.

<u>Cadence Care</u> (330) 544-8005

165 E Park Ave, Niles, OH 44446

\*\*Medicaid Plans accepted\*\*

# Multisystemic Therapy (MST) - This service is available in Geauga County

An evidenced-based intensive family and community-based treatment program targeting youth with severe psychosocial and behavioral problems. These individuals are usually chronic offenders between 12 to 17 years old, deeply involved with delinquent peers, experiencing problems at school or with truancy, and engaging in substance abuse.

Other counseling services are available for families that reside outside of Geauga County (Ashtabula, Trumbull, & Mahoning).

#### **Charak Center for Health and Wellness**

(440) 205-1008

8532 Mentor Ave. Mentor, OH 44060

**Diagnostic Assessments:** Evaluating psychological and addiction issues thorough history taking and formulation of a diagnosis.

**Medication Management:** Team of psychiatrists, nurse practitioners, physician assistants, and other nursing staff offer you the most optimal medication regimen for your ailment. Access to the most cutting-edge medication solutions.

Individual, Couples, and Family Therapy: Mental health cannot be obtained and maintained by simply administering medication. Charak's mental health professionals provide counseling and therapy with the aim of navigating the many issues that result in mental health issues. They provide problem solving and behavioral techniques that assist their clients with particular problems, such as addiction or stress management. They also identify and help manage patterns of thinking and behavior that negatively impact the way clients interact with the world.

Crossroads (440) 255-1700

8445 Munson Rd. Mentor, OH 44060

\*\*Medicaid Plans accepted\*\*

**Mental Health Assessments:** for adults, adolescents, and children. **Counseling and Therapy Services:** for adults, adolescents, and children.

**Community Services** (Case Management): for adults, adolescents, and children.

**Support Groups:** for adults

**EMDR:** for adults, adolescents, and children.

**Early Childhood Mental Health:** Consultation and treatment for young children and their families including individual, family, and group sessions to promote healthy social and emotional needs.

**Diagnostic Assessment:** Mental health assessment for children from birth to age six. Also provide consultation for children between birth and three.

**Community Based Family Treatment:** A treatment model designed to prevent children and adolescents from psychiatric hospitalization or institutionalization, or to support discharge from inpatient or residential levels of care. CBFT is an intensive, home-based service designed to address specific psychiatric disorders in the identified child while addressing other family challenges that affect the child and family's ability to function.

**Day Treatment:** For adolescence and children, provides an alternative to a traditional school setting for children with significant emotional/behavioral needs that combines treatment and education. Admission based on assessments and a referral from the school district. School-referral is not required for summer programs.

#### **Highland Springs Changes Program**

(440) 769-0951

34125 Solon Rd. Solon, OH 44139

\*\*Medicaid Plans accepted\*\*

They provide evidence-based Partial Hospitalization Programs (PHP) and Intensive Outpatient Programs (IOP) for children, adolescents, teens and young adults, ages 8–25 facing mental health challenges.

#### **Premiere Behavioral Health**

(440) 226-0770

8701 Mentor Ave. Mentor, OH 44060 www.Pbhsohio.com

\*\*Private Insurance & Medicare\*\*

Individual Counseling, Medication Management, IOP for adult and adolescences, dual IOP, TMS Treatment for Depression, Forensic Psychology Services

Signature Health (440) 578-8200

38882 Mentor Ave, Willoughby, OH 44094 www.signaturehealthinc.com
\*\*Medicaid Plans accepted\*\*

Dedicated to providing accessible, comprehensive recovery services to people experiencing mental health and/or substance abuse problems. They work with adults, adolescents, children and families, offering much needed help in a supportive, respectful environment.

# **COUNSELING SERVICES - VIRTUAL**

**BetterHelp** – www.betterhelp.com

Charlie Health – www.charliehealth.com

LifeStance Health - www.lifestance.com

# **EDUCATION AND EMPLOYMENT RESOURCES**

#### **Educational Service Center of the Western Reserve**

(440) 350-2563

8221 Auburn Road, Painesville, OH 44077 www.escwr.org Monday-Friday 8:00am-4:00pm

The ESC of the Western Reserve offers a variety of program options for students who reside in either Geauga or Lake County. Districts with students who require very specialized programming to meet their individual needs may find it difficult to provide the variety of services necessary to meet a variety of needs. Districts may need to provide those services in collaborative and consortium models. All programming is designed with the least restrictive environment in mind. Students are provided support and services at their individual level of need to allow them to remain as close to the regular education setting as possible.

A Parent Mentor is the parent of a child or children with a disability who is employed by the local Educational Service Center to help families and school districts by providing support, information, and training services. Since it is vital that districts and families work together in a positive and productive fashion to benefit all students that are served by an IEP, 504 plan or with any special accommodation, the Parent Mentor is available to facilitate communication between families, teachers, and administrators, all the essential people of the child's planning team. Working together, as a unified team, can empower your child to succeed, not only in school, but in the years to come.

A Parent Mentor is a guide to help you navigate the special education process and to develop your skills as an advocate, the best advocate for your child. The role of the Parent Mentor assists by:

- Guiding families through the special education process
- Helping families understand their rights and responsibilities
- Providing information and resources to families and the child's schools. This
  includes education laws, district programs and updated information about special
  education
- Engaging community services and other resources to support schools and families
- Attending Individualized Education Program meetings and other meetings at parent or staff request
- Listening to and supporting families and the child's teachers on an individual basis
- Connecting families, schools and communities to benefit students with disabilities
- Helping families through the transition process from preschool to school and from high school and beyond

## **Lake-Geauga United Head Start**

(440) 636-5387

Geauga Center: 12406 Madison Rd., Huntsburg, Ohio 44046

https://lguhs.org

Lake Geauga United Head Start provides free learning and development services to children ages 3-5 from low-income families. Head Start welcomes children with disabilities. Head Start is a comprehensive preschool program designed to prepare you and your child for kindergarten while also supporting your family. Eligibility is typically based on family income that is at or below the poverty level according to the Poverty Guidelines. Children in foster care, homeless children, and children from families that receive public assistance (TANF, OWF or SSI) are eligible regardless of income.

If openings exist after all income eligible and categorically eligible children are enrolled, families considered above the poverty guidelines may also be eligible for services. Head Start uses the 100% of the Federal Poverty Level for priority placement. In addition, the program can serve 35% of families whose income is between 101 and 130%. Additionally, 10% of families can exceed 130% of the FPL.

#### Ohio Means Jobs (440) 285-1116

12611 Ravenwood Drive, Chardon, OH 44024 https://www.geaugajfs.org/omj-geauga-county

The Career Center/Resource Room is open to the public 8:00 am to 3:30 pm Weekdays, excluding Federal Holidays. Please note the lab will be unavailable from 12pm - 1 pm for lunch. This computer lab includes internet access, telephone, fax and printing service. Weekly workshops are regularly scheduled: days and times are posted. Qualified staff from Auburn Career Center are typically available for assistance Tuesday to Friday from 8:00am to 3:30pm. Visitors must first check in with the receptionist.

In-person and/or virtual job seeker services include resume development, interview

assistance, LinkedIn profile set up, job seeking, and other services for your employment and/or training needs.

Ravenwood Health (440) 285-3568

12557 Ravenwood Drive, Chardon, OH 44024 https://ravenwoodhealth.org/

## **Supported Employment Services**

Employment Services are offered to Geauga County adults. Services consist of helping consumers identify, acquire, and maintain competitive employment in their community, as well as assistance with volunteer opportunities or enrolling in school.

# **FAMILY AND YOUTH RESOURCES**

Beyond Healthcare (866) 645-5556

23600 Commerce Park Rd., Ste A Beachwood, OH 44122 www.beyondhc.com

As a Joint Commission-accredited facility practicing trauma-informed care, they strive to create an environment where patients heal together through quality, value-based care, leading to positive long-term outcomes. Services include Partial Hospitalization Program, Intensive Outpatient Programs, Family Involvement & Education, Assessment & Diagnosis, Medication Management.

# **Child Advocacy Center (CAC)**

(440) 285-9141

The Child Advocacy Center is an extension of Geauga County Job & Family Services Social Services Department that provides a safe, child-friendly location where forensic interviews are conducted for minors who are victims of crime and/or sexual abuse. The center is designed to minimize trauma and provide a supportive environment for children and their families.

**Trauma-Informed Setting**: Interviews are conducted in a neutral, welcoming space to reduce stress and prevent the need for multiple interviews.

**Comprehensive Support**: Offers a coordinated, multidisciplinary response to child abuse, involving professionals from various community agencies.

**Family-Centered Services**: Provides referrals and recommendations for treatment and support services tailored to the needs of child victims and their families.

**Healing-Focused Approach**: Helps children and families begin their journey toward recovery with compassion and care.

This center represents a collaborative effort among local agencies to ensure the safety, well-being, and healing of children in crisis.

## Family Pride of Northeast Ohio Inc.

(440) 286-1553

695 South St, Suite 6, Chardon, Oh 44024 www.familyprideonline.org
\*\*Medicaid Plans accepted\*\*

## **Cooperative Parenting Education**

High conflict relationships between parents have negative consequence for children. This course is designed to teach co-parents how to reduce conflict, improve communication and enhance positive parenting skills. Parents will learn skills to develop a positive parenting relationship with one another.

**Primary Care Triple P:** A brief targeted intervention in a one-to-one format that assists parents to develop parenting plans to manage behavioral issues (e.g. tantrums, fighting, going shopping) and skill development issues (e.g. eating independently, toilet training, staying in bed at night). Practitioners provide 3-4 sessions (15-30 minutes each) over a period of 4-6 weeks. Sessions can be done in person, over the phone, or as a combination of both.

WHO IS IT FOR? Parents or caregivers with a specific concern about their child's behavior and prefer one-to-one consultations. They are likely to benefit when their child's behavior problems are mild and uncomplicated by high level of family stress. AGES: 0-12 and 13-18

**Standard Triple P:** Standard Triple P provides parents with broadly focused parenting support and intervention on a one-to-one basis. The program supports parents who have concerns about their child's behavior or development across various settings (e.g. Disobedience in the community, fighting, refusing to get out of bed). Over 10 sessions, parents identify the cause of child behavior problems and set their own goals for change. They learn a range of parenting strategies to promote and develop positive behavior for their child.

WHO IS IT FOR? Parents or caregivers who are concerned about their child's behavior. The program is appropriate for children with moderate to severe levels of behavioral problems. AGES: 0-12 and 13-18

**Selected Triple P:** A "Light touch" parenting information presentation delivered to a large group of parents (20 to 200) who are generally coping well but have one or two concerns. There are three, one hour long, seminar topics followed by 30 minutes of questions. This program is designed to be a brief introduction to Triple P and give parents great ideas to try out with their families at home.

WHO IS IT FOR? Parents or Caregivers with teenagers interested in general information about promoting their teenager's development. This series of seminars can also assist parents with specific concerns about their teen's behaviors. AGES: 12-18

# **Geauga County Board of Developmental Disabilities**

(440) 729-9406

8200 Cedar Road, Chesterland, OH 44026 www.geaugadd.org

The Geauga County Board of DD (Geauga DD), also known as the Metzenbaum Center, helps people with developmental disabilities to live, learn, and earn in our community. Geauga DD is a taxpayer-funded agency that supports people of all ages, from early childhood to senior citizens. Geauga DD funds and coordinates services in the following areas: early intervention, special education, school-to-work transition, 24/7 residential support for adults, employment support, recreation/integration programs, and more.\_To receive services from Geauga DD, individuals must be eligible; this is determined through an assessment process.

Service and Support Administrators (SSAs) coordinate individualized services and connect people with developmental disabilities to community resources. At least annually, an individual's needs are assessed, and a person-centered individual service plan (ISP) is developed, implemented and monitored.

#### Additionally, the SSAs may:

- Identify needs, concerns, and goals of individuals and/or families
- Monitor the progress of the ISP to ensure services are appropriate and maintain health and safety
- Provide options for service providers (personal care, employment supports, transportation, equipment, etc.)
- Assist with residential needs
- Assist to Transition plans (ages 14-22) for moving from school into adulthood
- Provide referrals and assistance in areas such as Social Security, guardianship,
   Medicaid, waiting lists, community resources, etc.

#### **Geauga County Job & Family Services**

(440) 285-9141

12611 Ravenwood Dr., Suite 150, Chardon, OH 44024 www.geaugajfs.org

Provides local, State, Federal and Community-based services to the people of Geauga County. The agency is made up of four major divisions which work together to better serve the families receiving services from any of the divisions. Social Services includes Child and Adult Protective services as well as Foster Care and Adoption services. Public Assistance includes Food and Cash Assistance, Medicaid, Child Care Expenses and help with other basic needs. Child Support works to establish paternity and to establish,

modify and enforce child support orders. OMJ Employment Services offers assistance with Job Search, Job Training, and other technical and certificate education programs.

## **Geauga Family First Council**

(440) 285-1201

12611 Ravenwood Dr., Suite 150, Chardon, OH 44024 www.geaugaffc.org

Geauga Family First Council brings together local organizations to help families. They are a network of support services working together to make things easier for families. Council is committed to removing barriers for multi-need children through prevention, early intervention and an inter-system provision of services which support the entire family. There is no cost to families for Council services.

Eligibility: Geauga County residents ages 0-21, who are involved with one or more systems (mental health, juvenile justice, Job & Family Services, IEP/504, developmental disabilities) who have complex needs.

#### Services include:

- Service Coordination: creation of a collaborative team of all the agencies working with the family to assure services are aligned, coordinated, and streamlined.
- High Fidelity Wraparound: a planning process to help families with complex needs to through individualized interventions and supports that focus on the entire family.

#### What this means for families:

- One call will connect families to multiple services
- Support for your whole family not just focused on one person or problem
- Help navigating complicated systems

Help Me Grow (800) 755-4769

8200 Cedar Road, Chesterland, OH 44026 www.helpmegrow.org

A program for pregnant women and families with infants and toddlers between the ages of birth to 3 years old to assure that newborns, infants and toddlers have the best possible start in life. Services include pre-natal visits, developmental screenings, family support, and links to community resources all of which promote children's growth and development.

#### **NAMI Geauga County**

(440) 286-6264

8389 Mayfield Rd., Suite 2AA, Chesterland, OH 44026 www.namigeauga.org

NAMI Geauga is committed to ensuring that individuals living with mental illness and

their families have access to the resources, support, and education they need to lead fulfilling lives. The organization aims to promote mental health awareness, reduce stigma, and support the well-being of the local community. A local affiliate of the National Alliance on Mental Illness (NAMI), a grassroots organization dedicated to improving the lives of individuals affected by mental illness. Located in Geauga County, NAMI Geauga provides support, education, and advocacy to individuals living with mental health conditions, their families, and the broader community.

**Peer Support Groups**: NAMI Geauga offers peer-led support groups where individuals living with mental health conditions can share their experiences, receive support, and connect with others who understand their journey.

**Family Support Groups**: Family members and caregivers of those with mental health conditions can attend support groups to find guidance, share their own experiences, and gain insights into how to best support their loved ones.

**Educational Programs**: NAMI Geauga provides educational resources and training programs, such as Family-to-Family (for families of individuals with mental health conditions), Peer-to-Peer (for individuals living with mental health conditions), and In Our Own Voice (a program that features presentations from individuals with lived experiences).

**Advocacy**: NAMI Geauga advocates for better mental health services, policies, and legislation at both the local and state levels. They work to reduce stigma and increase awareness of mental health issues in the community.

**Community Outreach**: The organization also conducts outreach efforts to engage with schools, businesses, and local organizations to foster a more supportive, informed, and mentally healthy community.

<u>OhioRISE</u> (833)711-0773

401 South Street, Suite 2A, Chardon, OH 44024 https://managedcare.medicaid.ohio.gov/managed-care/ohiorise

OhioRISE (Resilience through Integrated Systems and Excellence) is a Medicaid program in Ohio designed to help young people with significant behavioral health needs succeed in their schools, homes, and communities. Young people, ages 0-20, who are eligible for Medicaid and require significant behavioral health treatment, as measured by the Ohio Child and Adolescent Needs and Strengths Assessment (CANS). Youth may also be eligible because of certain urgent conditions such as the youth is in a hospital for behavioral health reasons. OhioRISE provides support for behavioral health concerns through care coordination.

The program covers new and improved behavioral health services including:

- Intensive in-home and crisis services
- Outpatient services such as individual and group therapy, family therapy, and day treatment
- Inpatient mental health and substance use care at hospitals
- Behavioral health respite, which is temporary relieve for a child/youth's caregivers
- Primary flex funds, which is funding used for services or items to help address a need in a young person's care plan

OhioRISE does not cover physical health services such as visits to a doctor's office, dental care, immunizations, or services for autism, including applied behavioral health analysis (ABA).

# Passcode to Parenting

(440) 221-8027

https://passcodetoparenting.com/ petakerr@passcodetoparenting.com

**Co-Parent Coaching** Parent Coaching and Co-Parent Coaching promote growth and educate parents about child development, positive behavior management, communication skill-building, self-awareness, and self-care. Co-Parent Coaching is for divorced, divorcing, or separated parents struggling to find a way to co-parent collaboratively, as well as those finding it hard to connect in parenting.

**Parent Coordination** Parent Coordination is a court-ordered process that aims to help divorced parents who are experiencing high levels of conflict. They help parents work out their issues and come up with solutions that are in the best interest of the children to reduce the level of conflict and improve communication.

**Reunification Intervention** Reunification Intervention is a specialized form of family therapy that focuses on repairing and rebuilding the relationship between a child and a parent/parents after a break. When this occurs, it is vital to find therapeutic ways to re-establish trust and feelings of safety.

**Behavior Treatment Planning** Behavior Treatment Planning covers the development of behavior support plans to address identified target behaviors and increase pro-social skills. This includes frequent progress monitoring to ensure success and modify as needed.

**Childhood Attachment and Trauma Therapy** Childhood Attachment and Trauma Therapy helps children who have experienced trauma develop healthier coping mechanisms while teaching parents how to form secure attachments to rebuild relationships within family systems. They also collaborate with schools and medical providers to provide a wraparound support team.

Starting Point (216) 575-0061

8200 Cedar Road, Chesterland, Ohio 44026 https://starting-point.org

Starting Point connects families in Northeast Ohio to childcare, education, and out-of-school time programming that best meets their individual needs. Starting Point Services are a great first step for most families looking for childcare, before and after school care, or summer care.

They also work with families who need extra help to navigate resources and services through their Parent and Youth ambassadors, as well as working closely with early education providers to support them with technical assistance and training to help them work more effectively with the families they serve.

# **Torchlight Youth Mentoring**

(440) 352-2562

8 North State St. Suite 360, Painesville, OH 44077 https://torchlightyouthmentoring.org

Community-Based/ Traditional One-to-One match In this program, a child (mentee) is paired with an adult (mentor) of the same sex; in a couple's match, a married couple (of at least one year) can be matched with a boy or girl. Matches are based upon specific needs and similar interests to help build a healthy relationship and address any needs in a positive, healthy way.

**School/Site-based Mentoring** This program provides college/ high school students (mentors) an opportunity to mentor elementary/middle school children (mentees) on the school (or site) premises. Both mentors and mentees grow academically and socially in a group mentoring situation. A Torchlight coordinator supervises and facilitates mentor/mentee interactions during the weekly two-hour sessions. Torchlight currently has programs in schools throughout Lake, Geauga and Ashtabula counties.

**Foster Care** Lake and Geauga foster youth (14-17) participate in the foster care group mentoring program. Adult volunteers participate in weekly activities designed to build critical life skills for the teens as they age out of foster care. Volunteers drive the program's success by offering consistency, guidance, and hope to the youth. This program meets weekly on Saturday mornings for Lake County and Tuesday early evenings for Geauga County.

**C.O.U.L.** (Club of Unmatched Littles) Children waiting for their match participate in fun and active monthly staff-supervised events in the C.O.U.L club. Volunteers supervise and interact with the children during these events; they would love to have more volunteers – the more the merrier.

# Women, Infant, and Children (WIC)

100 Parker Court, Chardon, OH 44024 14999 S. State Avenue Middlefield 44062 WICLake@odh.ohio.gov (440) 214-9440 (440) 251-6522

WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children. WIC helps eligible pregnant and breastfeeding women, women who recently had a baby, infants, and children up to 5 years of age.

The program improves pregnancy outcomes by providing or referring eligible women to support services necessary for full-term pregnancies; reduces infant mortality by reducing the incidence of low birth weight (infants under 5 ½ pounds are at greater risk of breathing problems, brain injuries and physical abnormalities), and provides infants and children with a healthy start in life by improving poor or inadequate diets.

WIC provides nutrition education, breastfeeding education and support; supplemental, highly nutritious foods such as cereal, eggs, milk, whole grain foods, fruits and vegetables, and iron-fortified infant formula; and referral to prenatal and pediatric health care and other maternal and child health and human service programs.

# **HEALTH SERVICES**

<u>DDC Clinic</u> (440) 632-1668

14567 Madison Rd., Middlefield, OH 44062 https://www.ddcclinic.org

The DDC Clinic is a 501(c)(3) non-profit organization providing highly personalized, comprehensive healthcare for children, adolescents and adults with special needs caused by rare genetic disorders. Their work encompasses three critical areas of medical services – patient care, research and education. They provide personalized medical care for special needs children with over 160 different rare conditions. They work with children whose complex medical conditions are difficult to diagnose and treat. The DDC Clinic can often provide long-awaited answers to families and specialized care to their children.

#### **Geauga Health District**

(440) 279-1900

12611 Ravenwood Dr., Suite 300, Chardon, OH 44024 info@geaugacountyhealth.org www.geaugacountyhealth.org

IMMUNIZATION CLINICS: Geauga Public Health provides immunizations at a variety of Child & Adult Immunization clinics throughout the year. All of these clinics are by appointment only. To schedule an appointment please call (440)279-1950.

Childhood vaccines can only be provided to those who have no insurance, are on Medicaid plans, or are underinsured (i.e. no immunization coverage). Adult vaccines can only be provided to those with no insurance. No fees will be charged for the vaccinations.

TB TESTS: TB tests available and are by appointment only. To schedule an appointment please call (440)279-1950.

# **HOUSING RESOURCES**

Doors of Hope (440) 632-6381

PO Box 603 Newbury, OH 44065 www.dohgeauga.org doorsofhopegeauga@gmail.com

Doors of Hope Geauga offers services to all Geauga families that present as homeless. Families of any composition are eligible but must include at least one child under the age of 18. Self-referrals, as well as referrals from local social services providers, schools, childcare centers, community centers, churches, and United Way 211 are considered.

Forbes House (440) 357-1018

P.O. Box 702 Painesville, OH 44077
\*\*Lake County\*\*

Safe shelter for battered women and their children; counseling; information; referrals; advocacy; client must be able to take care of self and children; no drug or alcohol dependencies; cooperative living with other families; outreach group to women and children in community. Community and school education programs. All services are provided free of charge.

#### **Geauga Faith Rescue Mission**

(440) 214-9916

Geauga Faith Rescue Mission has options available for those in need of a place to sleep or other services. Please call (440)214-9916 to connect with a staff member about your situation.

**Men's Emergency Shelter**: The GFRM's men's shelter is located at 339 Washington Street in Chardon, OH and provides a home-like atmosphere for men who need help getting reestablished.

**Shelter for Women and Families**: GFRM offers hotel vouchers for women and families based on available. Please call (440)214-9916 if you are in need of this service. **Food Assistance**: The Mission offers food assistance to those who are in need.

**Clothing Assistance**: GFRM maintains a clothing closet for those in need.

# **Geauga Metropolitan Housing Authority**

(440) 286-7413

385 Center St, Chardon, OH 44024 www.geaugamha.org

Families may obtain application forms from their office during normal business hours. Applications are available on their website at www.geaugamha.org and in their vestibule. Applications may be submitted by mail, electronic media, or in person Monday - Thursday from 8:00 am to 4:00 pm (closed from noon to 1pm). Closed on Fridays and Federal Holidays.

Applications must be filled out completely to be accepted for processing. If an application is incomplete, they will notify the family of the additional information required. Duplicate applications will not be accepted. A copy of your photo ID and social security card must be attached to the application.

# **Project Hope**

\*\*Lake Countv\*\*

(440) 639-4420

Provides emergency temporary overnight shelter to homeless residents of Lake County during winter months. Will accept Geauga's homeless residents if the shelter is not full.

Project Hope for the Homeless is not just a place to eat and sleep but is also an organization that provides a goal-oriented program staffed by people who truly care about their guests' well-being. The adult shelter is open daily from 7 p.m. to 7 a.m. to serve men and women guests.

# **Ravenwood Supportive Housing Assistance**

(440) 285-3568

12557 Ravenwood Drive, Chardon, OH 44024 www.Ravenwoodhealth.org/mental-health-services/supportive-housing/ \*Application form online\*

Community Residence (CR) is a Ravenwood Health program that provides a housing opportunity to those in need. These are shared-living apartments which are available and managed through Ravenwood for adults and families of Geauga County. You are not required to be a Ravenwood Health client to participate in this program.

**Community Residence:** are shared-living apartments in the community which are available through Ravenwood for adults and families within Geauga County. **Permanent Supportive Housing:** United States Department of Housing and Urban Development (HUD) funded program that provides single and/or family housing and onsite supportive services to homeless persons with a physical, mental, or substance use diagnosis.

**Shelter Plus Care:** United States Department of Housing and Urban Development (HUD) funded program that provides a housing voucher and supportive services to homeless persons with a physical, mental, or substance use diagnosis.

<u>Womensafe</u> (888) 285-5665

12041 Ravenna Rd. Chardon, OH 44024 www.womensafe.org

Services provided 24-hours, 7 days a week via COPELINE at 888-285-5665

All services are provided confidentially free of charge. Provides domestic violence victims with physically safe, temporary shelter. Also provides emotional support, crisis counseling, information and referral, advocacy and prevention services for domestic violence, as well as information and referral for teenagers and adults in abusive dating relationships.

# **LEGAL RESOURCES**

# **Geauga County Juvenile Court**

(440) 226-4446

231 Main St. 2<sup>nd</sup> Floor, Chardon, OH 44024 Hours of Operation: M-F: 8:00 am - 4:30 pm

The Juvenile Division promotes public safety by guiding behavioral reform of juveniles through consequences that balance discouraging recidivism and encouraging rehabilitation, with the goal of reunifying families and helping children become productive members of society. The Juvenile Court hears cases alleging a child to be delinquent, unruly, abused, neglected, dependent, or a juvenile traffic offender; adult paternity; child custody, support, parenting time and companionship time cases; juvenile protections orders; and other miscellaneous cases.

The Court has a Help Center to assist persons, who are not represented by an attorney, to handle both probate and juvenile matters. Assistance with probate matters includes estate administration, guardianship, name change or conformity, and birth records. Assistance with juvenile matters includes child custody, parenting/companionship time, and child support. Subject to the Court being open to the public and the schedule of The Help Center Director, The Help Center is generally open every Thursday and every other Monday, 8:30 am to 4:00 pm.

Scheduling an appointment is recommended. While The Help Center will assist a walk-in, those persons with an appointment are given preference. A telephonic meeting with The Help Center requires an appointment and certain documents must be completed and delivered to The Help Center before the scheduled phone call. The Help Center can only provide legal information (not legal advice) assistance with the forms that you select.

The Help Center will not provide any legal advice or legal counsel. To obtain legal advice for your matter you must retain an attorney to represent you, or if indigent, then in certain matters you may request a court-appointed attorney.

# **Legal Aid Society of Cleveland**

(216) 861-5500

1223 W 6<sup>th</sup> St. Cleveland, OH 44113 https://lasclev.org/

Serves Northeast Ohio-Ashtabula, Cuyahoga, Geauga, Lake, and Lorain Counties

Legal Aide carries out their mission every day by providing legal services at no cost to clients with low incomes, helping ensure fairness for all in the justice system—regardless of how much money a person has.

Legal Aid uses the power of the law to improve safety and health, promote education and economic security, secure stable and decent housing, and improve accountability and accessibility of government and justice systems. By solving fundamental problems for those with low incomes, they remove barriers to opportunity and help people achieve greater stability.

Legal Aid handles cases that impact basic needs such as health, shelter and safety, economics and education, and access to justice. Their attorneys practice in the areas of consumer rights, domestic violence, education, employment, family law, health, housing, foreclosure, immigration, public benefits, utilities, and tax.

Legal Aid represents clients (individuals and groups) in transactions, negotiation, litigation, and administrative settings. Legal Aid also provides assistance to pro se individuals and advises individuals, so they are equipped to make decisions based on professional guidance.

Legal Aid provides people with the information and resources to solve issues on their own and seek assistance when needed. Legal Aid also works with clients and client communities.

#### **VICTIMS' ADVOCATES**

**Municipal Court: Tracey Fronk** 

Police Prosecutor Victim Assistance Program
111 Water Street
Chardon, OH 44024
(440)286-8074
440-286-8074 during working hours
440-279-2009 for after-hours emergency response

## **Geauga County Sheriff's Office: Tracy Jordan**

Victim Services Division 12450 Merritt Road Chardon, OH 44024

Office hours: 8:00 am to 4:00 pm, Monday through Friday 440-279-2062 during working hours 440-279-2009 for after-hours emergency response, ask to contact Tracy Jordan

**Common Pleas: Cindi Haycox-Wellman** 

Victims Advocate (440)279-2115

After legal action is initiated against an offender by the Prosecutor's Office, the Victim Advocate will meet with the victim to discuss the nature of the offense and provide an explanation of the victims' right under Ohio law, as set forth in Ohio Revised Code Chapter 2930. The victim will be informed of any and all court dates and the status of the case by the Victim Advocate.

# **LGBTQ+ RESOURCES**

#### Geauga SOGI Support Network

(440) 682-0680

8584 Washington St. #220, Chagrin Falls, OH 44023 https://www.geaugasogi.org

Geauga SOGI Support Network (GSSN) is a 501(c)3 non-profit organization. GSSN develops connection and collaboration with other organizations for the purpose of knowledge, resources, education, and collective support and advocacy. GSSN is a member of Plexus; LGBT+ Allied Chamber of Commerce of Northeast Ohio and the LGBTQIA Coalition of NEO. They offer monthly support group for LGBTQ adults, parents, and family members as well as middle school (generally grades 6-8) and high school (grades 9-12) students.

# **MISCELLANEOUS**

#### **Chagrin Falls Park Community Center**

(440) 247-6030

7060 Woodland Ave, Bainbridge, OH 44023 https://fcsserves.org/program/chagrin-falls-park-community-center

The Chagrin Falls Park Community Center (CFPCC) provides a wide variety of supportive

services to children, families, and seniors in need, such as after-school tutoring, a food pantry, and case management services. Anyone residing in Chagrin Falls Park and other communities in Geauga County can call to learn if they qualify to receive services. All services are provided at no cost to our residents.

#### Services include:

- After-school tutoring, enrichment, and recreational activities
- Food pantry, which distributes fresh food, non-perishables, cleaning supplies, and other household goods
- Parenting and budgeting classes
- Emergency services to assist those struggling to survive
- Case management services

# **Geauga County LOSS Team**

(440) 286-1234

The Geauga County Local Outreach Support to Survivors (LOSS) Team was developed due to a high demand in outreach services for community members who had experienced traumatic events such as the death of a loved one. The LOSS Team exists to be an installation of hope to the bereaved, empowering them so they can thrive. LOSS provides resources, support, and understanding immediately after a loss and for the months and years that follow. The LOSS team offers immediate at-the-scene support and resources to individuals impacted by a traumatic event and/or loss, as well as linkage to support groups and therapists who specialize in working with traumatic loss survivors.

<u>NEXT STEP</u> (216) 990-0524

https://fcsserves.org/program/next-step

They work with young adults aged 18-24 in Portage and Geauga Counties who are often coming out of traumatic situations and are either homeless or at-risk for homelessness.

Next Step is a community-based program that focuses on empowering victimized youth on their path to self-sufficiency. Their case managers will assist youth in securing housing, employment, education, transportation, and health care. They work with clients to create a developed case plan situated around their individual needs.

They help these individuals transition into a more stable situation and create a plan that has sustainable goals that help achieve self-sufficiency. Next Step can also assist with finding housing and employment or applying for college and vocational training.

# **SENIOR RESOURCES**

#### <u>CarePatrol</u>

https://carepatrol.com

CarePatrol Senior Care Advisory services are available at no cost to you and come with our promise to help you find the best senior care options for your needs. Our senior advisory services extend peace of mind and support to the families of older adults, ensuring they are well-informed and comfortable with the care decisions made.

# Family Pride of Northeast Ohio Inc.

(440) 286-1553

https://familyprideonline.org/services/senior-support

Family Pride helps seniors maintain their independence, continue to be self-sufficient, and manage daily stress. Their services can be provided in home and throughout the community. Senior Support Services helps individuals ages 60 and above through a variety of services, including:

- Connecting to supportive programming in Ashtabula, Lake, and Geauga Counties
- Provide financial education and support
- Connecting to transportation
- Obtaining and communicating with appropriate medical care
- Linking to community resources
- Decreasing isolation and symptoms of depression, anxiety, and grief
- Socializing and community engagement

#### **Federal Trade Commission**

www.identitytheft.gov

Is someone using your personal information to open accounts, file taxes, or make purchases?

Visit www.identitytheft.gov, the federal government's one-stop resource to help you report and recover from identity theft. The website provides streamlined checklists and sample letters to guide you through the recovery process.

https://consumer.ftc.gov/features/identity-theft https://consumer.ftc.gov/scams

#### Geauga Community Support Programs/Special Services

(440) 285-1263

Geauga County Job & Family Services 12611 Ravenwood Dr., Suite 150, Chardon, OH 44024 **Sponsor A Family**: Supported solely by donations and sponsorships for over 50 years, The Sponsor a Family program matches low-income families, foster children, and seniors in Geauga County with food, toys, and gifts for the holidays. Families must complete an application and demonstrate need to qualify.

**Senior Assistance Program:** The Senior Assistance Program was developed to help with some of the "unmet" needs our senior residents face due to economic hardship. Seniors must contact Geauga JFS to apply for help and requests are evaluated on a case-by-case basis. Seniors must have exhausted all other traditional assistance programs available before requesting help.

# <u>Geauga County Home Health Care Agencies – serving Geauga County</u>

\*There are many agencies that serve this county that can be found through a Google search\*

## **Cherished Companions**

(440)484-5390 https://cherishedagency.com

#### **Comfort Keepers**

(440)577-6800 https://www.comfortkeepers.com

# **Elara Caring**

(440)358-9200 (also provides Hospice) https://elara.com/locations/mentor-oh

# **First Light Home Care**

(440)557-4110

https://www.firstlighthomecare.com/home-healthcare-chardon

# **Home Helpers**

(440)493-1572

https://homehelpershomecare.com/chagrin

#### **Home Instead**

(440)256-4944

https://www.homeinstead.com

# **Taylor Made Home Care**

(440)946-6446

https://taylormadehomecare.com/home-care-services

# **Ohman Family Living at Home**

(440)338-2320

https://www.ohmanfamilyliving.com/at-home

# **Visiting Angels**

(440)974-0869

https://www.visitingangels.com/neohio

# **Geauga Department on Aging**

(440) 279-2130

(Serves 60 years and older)
12611 Ravenwood Dr, Suite 200 Chardon, OH 44024
https://departmentonaging.geauga.oh.gov

**Care Coordination: Social Workers/Case Management** 

**Home Delivered Meals:** Provides eligible seniors a nutritionally balanced lunch and a friendly volunteer for a face-to-face visit up to five days a week. While the meals provide 1/3 of a senior's daily nutritional needs, the face-to-face visit provides socialization to seniors and peace of mind to caregivers.

Assistance with Daily Living: This program provides non-medical in-home assistance for eligible seniors. Its purpose is to assist seniors to achieve optimal functioning in their home. It provides personal care and light household tasks that will help maintain a safe and healthy home environment. Home Health Care providers are contracted to provide assistance with bathing, grooming, dressing, toilet use, meal preparation, laundry, and light housekeeping. Clients must meet eligibility requirements and may be required to pay a co-pay based on income. The program often has a significant wait time due to demand.

Adult Day Program: Senior Centers - Chardon, Middlefield, Bainbridge and West Geauga.

Chore and Home Safety Program: This program is designed to provide health, safety, fire prevention, and ADA (Americans with Disabilities Act) adaptations to homes. Provided services include, but are not limited to, plumbing, heating/cooling, electrical work, grab bars, and railings. Materials for services are to be paid for by the individual requesting the service. All contracted services must be approved and authorized by the Department on Aging. Please note restrictions may apply. The Chore and Home Safety program is a non-emergency program. Should there be a need for immediate assistance outside normal business hours, seniors are responsible for contacting vendors for repairs and assume the cost for services.

Income Tax Preparation Application Assistance: Medicare Savings Program, Medicaid, SNAP, Home Energy Assistance Program (HEAP), Percentage of Income Payment Plan (PIPP), Transportation Voucher Program (Geauga Transit)

**Out of County Medical Transport:** This program provides Out of County Transportation to medical appointments outside Geauga County (designated zones of surrounding counties). Riders are responsible for their own medical care during the ride and for getting to and from the doctor's office once they arrived at the drop off. Rides are scheduled first come first serve.

## **Hospice Care Agencies – serving Geauga County**

\*There are many agencies that serve this county that can be found through a Google search\*

# **Bella Care Hospice**

(440)536-8054 https://www.bellacarehospice.net

#### **Echo Hospice**

(216)400-9055 https://www.echohospice.com

# **Elara Caring**

(440)368-8052 https://elara.com/locations/mentor-oh

# **Hospice of Western Reserve**

(800)707-8922 https://www.hospicewr.org

#### **Taylor Made Home Care**

(440)946-6446

https://taylormadehomecare.com/home-care-services

# **Traditions Health Hospice**

(440)386-2500

https://www.traditionshealth.com

**North Coast Residential Relocation:** Advocates for senior individuals or couples looking to transition from a larger home to a senior living community.

www.northcoastrelo.com

#### Nursing Home and Assisted Living Locator:

https://www.cms.gov/about-cms/what-we-do/nursing-homes/patients-caregivers/finding-nursing-home

Ohio Attorney General: Consumers turn to the Ohio Attorney General's Office each year for

help resolving consumer issues, tips on scams and deceptive practices, and information on a wide range of other topics.

https://www.ohioattorneygeneral.gov/Individuals-and-Families/Consumers

Ohio Long-Term Care Consumer Guide: https://ltc.ohio.gov

Social Security Office (Painesville): (877)692-3143

# Western Reserve Area Agency on Aging

(216) 621-0303 or (800) 626-7277

1700 East 13<sup>th</sup> Street, Suite 114, Cleveland, OH 44114 www.areaagingsolutions.org

WRAAA's website offers a multitude of directories, guides, and brochures ranging from Caring for a Person with Alzheimer's Disease, to Safe Use of Medicines, to affordable housing and transportation guides.

**Aging and Disability Resource Center:** provides information, assistance, and referral. A telephone evaluation is conducted to assist callers and their families in identifying their long-term care needs and options.

**Assisted Living:** The Assisted Living Waiver Program helps Medicaid Waiver-eligible individuals reside in an Assisted Living setting. This program is designed to help Medicaid Waiver-eligible individuals who may need a range of assistance but desire to maintain a level of independent living in a setting that feels like home.

#### **Family Caregiver Support**

**Home Choice:** HOME Choice is a program that helps Ohioans transition from a long-term care facility (nursing facility, hospital, or ICF-IID) into a home and community-based setting of their choice.

**Ohio Home Care**: The Ohio Home Care waiver program serves individuals aged 59 and under, on Medicaid with long-term care needs that, in the absence of homecare-based services, would need to depend on a hospital or nursing facility.

Passport Medicaid Waiver Program (60 and older): The PASSPORT program helps Medicaid-eligible older Ohioans with alternatives to placement in nursing homes. As one of WRAAA's flagship services, it strives to ensure the opportunity for independent living is available to every qualified older adult. Each PASSPORT participant has a dedicated Care Manager who coordinates in-home services and maintains regular contact with the participant and PASSPORT agencies. PASSPORT offers several in-home services, including Home Delivered Meals, Personal care assistance, Emergency response services, Adult health center services, Housework services, Respite care.

**Specialized Recovery Services**: Specialized Recovery Services (SRS) Program is a program available through Medicaid for people diagnosed with severe and persistent mental illness. There are 3 services available through the SRS program, in addition to current Medicaid coverage: Recovery Management, Individualized Placement and Support with Supported Employment, Peer Recovery Support.

# TRANSPORTATION RESOURCES

#### **Geauga County Transit**

(440) 754-5555

12555 Merritt Rd, Chardon, Oh 44024 www.geaugatransit.org webmaster@geaugatransit.org

Geauga Transit provides public transportation throughout the 16 townships, 4 villages, and 1 city of our beautiful county. Geauga Transit can provide limited out-of-county transportation. They will travel up to 2 miles outside of Geauga County. Geauga Transit connects with Laketran at UH Tripoint Medical Center in Concord and with Greater Cleveland RTA at SOM Center and Mayfield Road in Mayfield Heights.

This is a demand-responsive transit service. Fees as of August 2025 - Adults: \$6.00 one way, Youth or Reduced Fee: \$3.00. These rates are effective within Geauga County. Rates outside Geauga County: Adults \$12 one way, Youth or Reduced Fee \$6 one way. Transit departs from Geauga Transit facility at 6:00 am & must return by 9:00 pm.

**How to Schedule:** Call their dispatch office Monday through Friday from 6:00 am - 9:00 pm at (440)754-5555.

Reservations can be made as early as 1 week prior to your trip and as late as the same day (based on availability.) The earlier you call, the more availability they will have, as reservations are made on a first call, first-serve basis. Reservation requests cannot be left on voicemail.

# **Medicaid Managed Care Plan Transportation**

	Managed Care	MyCare Ohio
Aetna Better Health	1-833-711-0773 (OhioRISE)	1-855-364-0974
AmeriHealth Caritas	1-833-764-7700	
Anthem Blue Cross and Blue Shield	1-844-912-0938	
Buckeye Health Plan	1-866-246-4358	1-866-549-8289
CareSource	1-800-488-0134	1-855-475-3163
Humana Healthy Horizons	1-877-856-5702	
Molina HealthCare	1-800-642-4168	1-855-665-4623
UnitedHealthcare Community Plan	1-800-895-2017	1-877-542-9236

# **VETERANS RESOURCES**

# **Geauga Veterans Services**

(440) 279-1860

12611 Ravenwood Drive, Suite 260 Chardon, OH 44024 https://vets.co.geauga.oh.us

- Financial Assistance: Emergency funds for food, housing, and utilities may be provided to veterans and/or their dependents.
- VA Benefits
- Supportive Services for Veteran Families
- Transportation to VA Medical
- Geauga Veterans Food Pantry

# **NOTES**